ENVIRONMENTAL EDUCATION CENTER
The Environmental Education Center (EEC) offers exhibits and programs to teach about the history of the Tilden area. The EEC is open Tuesday through Saturday from 10 a.m. to 4:30 p.m. and on Sunday from 11 a.m. to 4:30 p.m. The EEC offers self-guided trail booklets for various trails. The EEC is located at 1-888-EBPARKS or in the District’s activity guide, Regional in Nature. To make school or group programs reservations, please call the EEC at (510) 544-2233, or visit the District’s website.

TILDEN LITTLE FARM
The Little Farm is a working farm with a variety of farm animals, including cows, sheep, goats, rabbits, chickens, and pigs. Several heritage breeds of livestock are represented, including Milking Shorthorn Cattle. Visitors are welcome to bring lettuce or celery (but nothing else) to feed the animals. The Little Farm is open daily from 8:30 a.m. to 3:30 p.m.

TILDEN NATURE AREA TRAILS
The Nature Area is still a land of wild places. Help keep it natural and beautiful for generations to come. Please leave all plant, wildlife, and geological features undisturbed. Do not litter; if you carry it in, carry it out. To avoid poison plant, wildlife, and geological features undisturbed. Do nothing else) to feed the animals. The Little Farm is open daily from 8:30 a.m. to 3:30 p.m.

TRAIL:
- Laurel Canyon Trail–1.11 miles, moderately steep.
- Pine Tree Trail–.93 miles, moderate.
- Sylvan Trail–.68 miles, gentle.
- Memory Trail– .51 miles, moderate.
- Pack Rat Trail–.86 miles, moderate.
- Jewel Lake Trail–.9 miles, gentle loop.
- Wildcat Peak Trail–1.5 miles, steep.
- Memory Trail– .51 miles, moderate.

POLICE, FIRE, MEDICAL EMERGENCY ... 9-1-1
TILDEN NATURE AREA OFFICE .......... (510) 544-2323
TRP HEADQUARTERS ..................... 1-888-327-2757, Option 2
TRP RELAY FOR THE HEARING IMPAIRED .... 711
WELCOME!

Please enjoy our Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

SAFETY and ETIQUETTE

- **Stay on trails.** Taking shortcuts can be dangerous and causes erosion.
- **Wading and/or swimming in undesigned areas may be dangerous and may harm the watershed.**
- **Carry and drink plenty of water.** Dehydration is a leading cause of injuries on the trail.
- **Wildlife may be present on the trails at any time.** Feeding or approaching wildlife is dangerous and illegal.
- **Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.**
- **Keep the parks beautiful.** Pack out what you pack in.

RULES

- **Dogs are not permitted anywhere in Tilden Nature Area.** In Regional Parks that allow dogs, they must be leashed 20 feet from any trail or park entrance. Dogs must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times.
- **Bicycles are not permitted in Tilden Nature Area except on Loop Road and Wildcat Creek Trail north of Jewel Lake.**
- **Equestrians are only permitted on Loop Road, Laurel Canyon Road, and Wildcat Creek Trail north of Jewel Lake.**
- **Fishing is not permitted in Nature Area lakes, ponds, or streams.**
- **Collecting of plants and animals is prohibited.**
- **Drones are prohibited.**
- **Smoking is prohibited, except in overnight campsites.** Visitors are responsible for knowing and complying with park rules (Ordinance 38). See www ebparks org rules.

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