Shoreline Recreation

Year opened: 1979   Acres: 749

Highlights: Hiking, birdwatching, picnicking, fishing, boat launch, Tidewater Boating Center.

TIDEWATER BOATING CENTER
The Oakland Strokes operates this boathouse complex and mentors youngsters in competitive rowing. EBRPD and other organizations provide experiences with boating and water safety, sea kayaking, canoeing, and other water-related recreational programs for area youth and the general public. Amenities at the site include Bay Trail access, picnicking sites, and fishing.

WELCOME!
Please enjoy your Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

SAFETY and ETIQUETTE
• Stay on trails. Taking shortcuts can be dangerous and causes erosion.
• Wading and /or swimming in undesignated areas may be dangerous and may harm the watersheds.
• Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
• Be prepared for sudden changes in weather conditions.
• Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
• Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
• Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.
• Keep the parks beautiful. Pack out what you pack in.

RULES
• Dogs must be leashed 200 feet from any trail or park entrance. Dogs must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times.
• Swimming, wading, and other water activities are allowed in designated areas only.
• State law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. Equestrians and bicyclists are also strongly encouraged to wear helmets at all times.
• Smoking is prohibited, except in overnight campsites.
• Drones are prohibited.

Visitors are responsible for knowing and complying with park rules. See www.ebparks.org/rules.
WETLANDS RESTORATION In 1998 one of the East Bay’s most significant wetlands restoration projects was completed at Martin Luther King Jr. Regional Shoreline, which restored tidal flow to 71 acres of tidal and seasonal wetlands that had been filled in the mid 1980s. The project was a cooperative effort of the Park District, the Port of Oakland, the Golden Gate Audubon Society, the U.S. Army Corps of Engineers, and San Francisco Bay Regional Water Quality Board, all in partnership with Save San Francisco Bay Association, the Sierra Club, and Citizens for Alameda’s Last Marshlands. The project resulted in recolonization of native plants and the return of many species of birds. Thousands of migrating birds have returned to the marsh annually to rest and feed, and for some species such as avocets, terns, egrets, and the endangered California clapper rail and burrowing owl, to live at the marsh year-round.

School and volunteer groups utilize the restored marsh for teaching opportunities and community projects. Students learn about wetlands ecosystems, venture into the marsh in canoes to explore the wetlands, and participate in a wide variety of monitoring and restoration efforts. In addition, volunteers participate in various ongoing restoration and conservation efforts. Persons or groups wishing to volunteer can contact the park supervisor at 1-888-327-2757, option 3, ext. 4541. Teachers interested in field trips for wetlands study or interpretive programs can contact the Crab Cove Visitor Center at (510) 544-3187.

DISABLED ACCESS in the park includes parking, curb cuts, paved trails, fishing access, restrooms, drinking fountains, and a marsh overlook platform.