

Shoreline Recreation

Year opened: 1979 Acres: 749

Highlights: Hiking, birdwatching, picnicking, fishing, boat launch, Tidewater Boating Center.

Did you know: Formerly known as San Leandro Bay Regional Shoreline, this shoreline park was renamed in 1992 by a unanimous vote of the Park District Board of Directors in honor of the late civil rights leader, Dr. Martin Luther King, Jr.

Fees: there are no fees at Martin Luther King, Jr. Shoreline.

PICNICKING Picnic facilities are provided at Doolittle Staging Area and along Airport Channel, in the meadows off Swan Way, at Garretson Point, along the Marsh Trail, and at the Tidewater Staging Area. Areas may be reserved (fee) for large picnics (50+ persons).

BIRDWATCHING Enjoy birdwatching at Doolittle Pond or from the trail along the San Leandro Creek Channel to Arrowhead Marsh.

HIKING/BICYCLING, SUNBATHING There are paved trails for hiking, bicycling, and jogging. There is a sandy beach at the Doolittle and Garretson Point staging areas for sunbathers.

FISHING State Fish and Game rules apply at San Leandro Bay. A California State Fishing License is required for those 16 years and older when fishing from shore in open bay waters. Note the fishing docks locations shown on the map, and observe posted hours and rules. Trespassers on or through private property adjacent to the park will be cited.

BOAT LAUNCHING A two-lane boat launch is located at the south parking lot along Doolittle Drive. There is no fee. Buoys mark the channel to deeper water. Be alert to marked and unmarked hazards throughout the bay. Motorized boats and hovercraft are not allowed in marshland areas. Motorized vessels are restricted during certain times of the year due to bird migration and nesting in the marshes. The Tidewater Boating Center features a boathouse, canoe/kayak launching facility, and trailhead.

POLICE, FIRE, MEDICAL EMERGENCY9-1-1
EBRPD HEADQUARTERS 1-888-327-2757
PICNIC RESERVATIONS... 1-888-327-2757, option 2, 1
PARK OFFICE 1-888-327-2757, option 3, ext. 4541
TRS RELAY FOR HEARING IMPAIRED7-1-1

Parkland Rules

TIDEWATER BOATING CENTER The Oakland Strokes operates this boathouse complex and mentors youngsters in competitive rowing. EBRPD and other organizations provide experiences with boating and water safety, sea kayaking, canoeing, and other water-related recreational programs for area youth and the general public. Amenities at the site include Bay Trail access, picnicking sites, and fishing.



WELCOME!

Please enjoy your Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

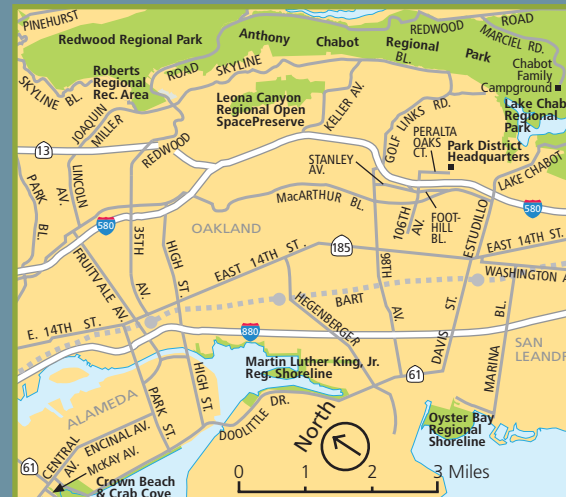
SAFETY and ETIQUETTE

- Stay on trails. Taking shortcuts can be dangerous and causes erosion.
- Wading and /or swimming in undesignated areas may be dangerous and may harm the watershed.
- Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
- Be prepared for sudden changes in weather conditions.
- Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
- Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
- Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.
- Keep the parks beautiful. Pack out what you pack in.

RULES

- Dogs must be leashed 200 feet from any trail or park entrance. Dogs must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times.
- Swimming, wading, and other water activities are allowed in designated areas only.
- State law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. Equestrians and bicyclists are also strongly encouraged to wear helmets at all times.
- Smoking is prohibited, except in overnight campsites.
- Drones are prohibited.

Visitors are responsible for knowing and complying with park rules. See www.ebparks.org/rules.



To reach Martin Luther King Jr. Regional Shoreline: From I-880 in Oakland, exit at Hegenberger Road and proceed west. Turn right onto Doolittle Drive (Hwy. 61) and right again onto Swan Way. Then turn left into the park for access to trails, a large grassy play area, reservable picnic areas, and a boardwalk out to the Arrowhead Marsh. Continuing on Doolittle Drive will bring you to fishing piers, a boat ramp, reservable picnic areas, and the reservable Shoreline Center. Public Transit: AC Transit #98 operates daily from Coliseum BART to Hassler Way and Edgewater Drive (about one-eighth mile from the park), and Zhong Way and Oakport streets. AC Transit #73 operates daily along Hegenberger Road from Eastmont Transit Center and Coliseum BART. Routes subject to change. Call to confirm schedule: 5-1-1 or 817-1717; TRS Relay For Hearing Impaired: 711; ParaTransit: 510-287-5000.



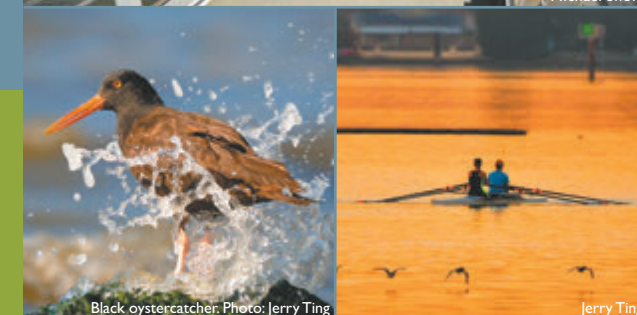
East Bay Regional Park District

2950 Peralta Oaks Court,
 P.O. Box 5381
 Oakland, CA 94605-0381
 1-888-327-2757 (1-888-EBPARKS)
www.ebparks.org Rev. 4/17

Martin Luther King Jr. Regional Shoreline

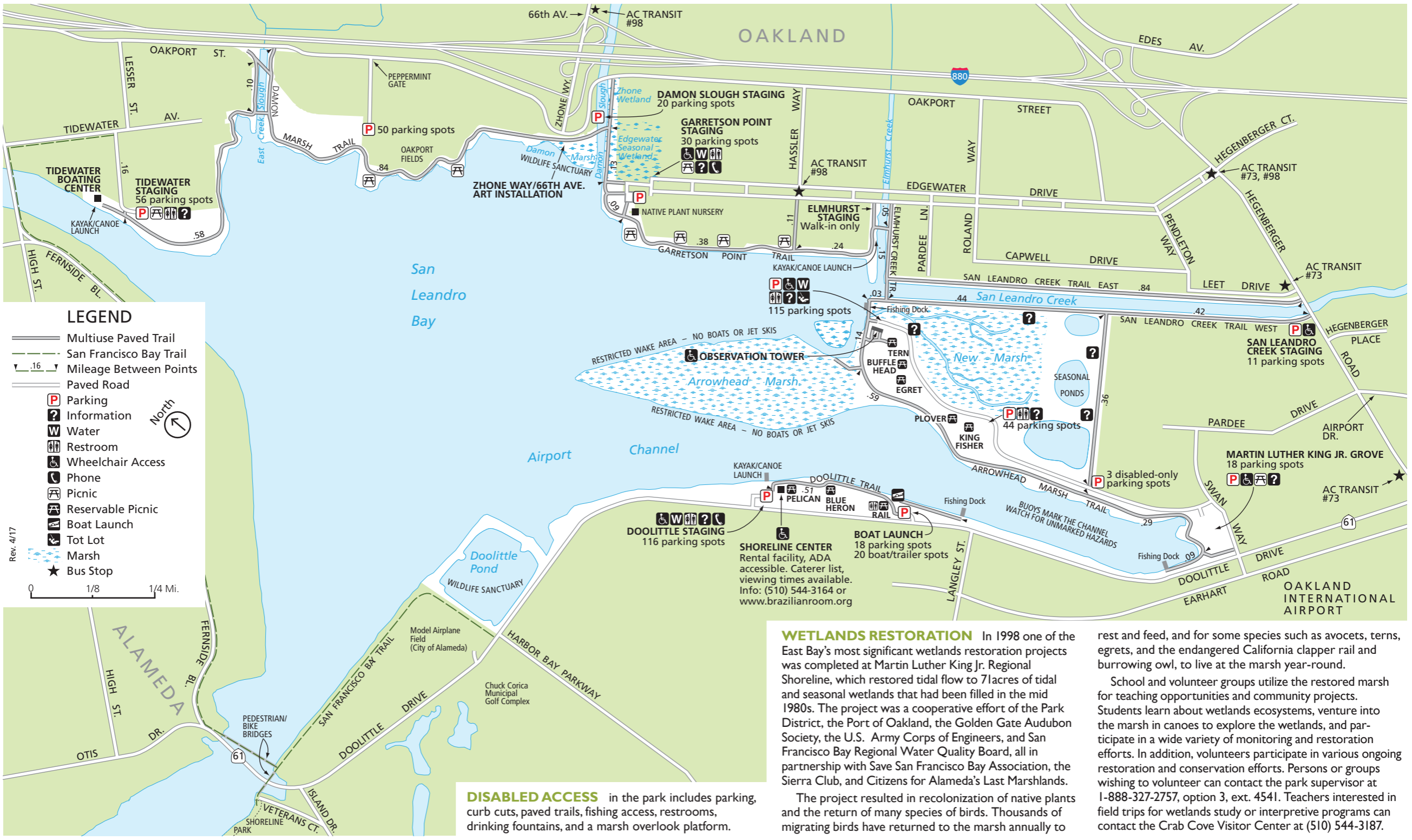
Oakland, Alameda, San Leandro

East Bay Regional Park District



Black oystercatcher. Photo: Jerry Ting

Jerry Ting



LEGEND

- Multiuse Paved Trail
- San Francisco Bay Trail
- Mileage Between Points
- Paved Road
- Parking
- Information
- Water
- Restroom
- Wheelchair Access
- Phone
- Picnic
- Reservable Picnic
- Boat Launch
- Tot Lot
- Marsh
- Bus Stop



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Rev. 4/17

DISABLED ACCESS in the park includes parking, curb cuts, paved trails, fishing access, restrooms, drinking fountains, and a marsh overlook platform.

WETLANDS RESTORATION In 1998 one of the East Bay's most significant wetlands restoration projects was completed at Martin Luther King Jr. Regional Shoreline, which restored tidal flow to 71 acres of tidal and seasonal wetlands that had been filled in the mid 1980s. The project was a cooperative effort of the Park District, the Port of Oakland, the Golden Gate Audubon Society, the U.S. Army Corps of Engineers, and San Francisco Bay Regional Water Quality Board, all in partnership with Save San Francisco Bay Association, the Sierra Club, and Citizens for Alameda's Last Marshlands.

The project resulted in recolonization of native plants and the return of many species of birds. Thousands of migrating birds have returned to the marsh annually to

rest and feed, and for some species such as avocets, terns, egrets, and the endangered California clapper rail and burrowing owl, to live at the marsh year-round.

School and volunteer groups utilize the restored marsh for teaching opportunities and community projects. Students learn about wetlands ecosystems, venture into the marsh in canoes to explore the wetlands, and participate in a wide variety of monitoring and restoration efforts. In addition, volunteers participate in various ongoing restoration and conservation efforts. Persons or groups wishing to volunteer can contact the park supervisor at 1-888-327-2757, option 3, ext. 4541. Teachers interested in field trips for wetlands study or interpretive programs can contact the Crab Cove Visitor Center at (510) 544-3187.