Relax in a Grove

Year opened: 1967  Acres: 221
Highlights: Hiking, biking, horseback riding, numerous picnic areas (many reservable), large lawn, volleyball, horseshoes, play area for children, Fern Cottages

Did you know? The Frenchman’s Curve and Clancy’s Place picnic areas are named after stations of the 19th-century California and Nevada Railroad.


HISTORY Kennedy Grove Regional Recreation Area was dedicated on October 22, 1967, to honor the late President John F. Kennedy. Kennedy Grove was once a portion of the 17,754-acre Rancho San Pablo. Francisco Castro took possession of the rancho in 1823. In 1886 the California and Nevada Railroad ran through the center of Kennedy Grove.

THE PARKLAND The trimmed lawns, picnic areas, and shady groves are ideal for formal and informal gatherings, from company picnics to family reunions. The centrally located, 2.5-acre turf meadow provides enough room to toss a frisbee, pass a football, or set up an informal softball game. (Hardball is not permitted.) Volleyball and horseshoes are popular with all ages, and equipment may be rented for a minimal fee.

The park’s northern section provides public access to the Bay Area Ridge Trail between Kennedy Grove and Tilden Regional Park. The 119-acre Radich Hill northern section is a mosaic of open grassland, shrub land, and oak woodland vegetation, providing open space and hiking opportunities. The flora includes a mixture of native trees and shrubs, native and non-native annual and perennial herbaceous plants, and a small stand of eucalyptus. Oak/bay woodland is the most prevalent plant community, with coast live oak and California bay laurel being the dominant trees.

Fauna include the California newt, ringneck snake, mule deer, western fence lizard, and a variety of birds including the red-shouldered, red-tailed, and Cooper’s hawks, northern flicker, orange-crowned warbler, and Anna’s hummingbird, among other species.

FERN COTTAGE This reservable facility is suitable for meetings, parties, receptions, etc. It features a kitchen, patio, large room, private enclosed backyard, and a large redwood deck.

WELCOME! Please enjoy the Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

SAFETY and ETIQUETTE
• Stay on trails. Taking shortcuts can be dangerous and causes erosion.
• Wading and/or swimming in undesignated areas may be dangerous and may harm the watershed.
• Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
• Be prepared for sudden changes in weather conditions.
• Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
• Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
• Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.
• Keep the parks beautiful. Pack out what you pack in.

RULES
• Dogs must be leashed 200 feet from any trail or park entrance. Dogs must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times.
• Generators are not allowed.

State law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. Equestrians and bicyclists are also strongly encouraged to wear helmets at all times.

Smoking is prohibited, except in overnight campsites.

Drones are prohibited.

Visitors are responsible for knowing and complying with park rules (Ordinance 38). See ebparks.org/rules.
To Sobrante Ridge Regional Preserve
To Richmond and
To Orinda

The Regional Parks Foundation offers memberships to park users. Standard Memberships include permits for dogs and horse/boat trailers. Family memberships include children age 17 and under living in the same household. Special Access Passes are available for seniors, students, and persons with disabilities. Info: 510-544-2220, regionalparksfoundation.org.