This walk high in the hills above Crockett Regional Shoreline is one of many wetland restoration projects undertaken by the East Bay Regional Park District. This shoreline park is a perfect place to observe some of the unique species that thrive in marsh habitat. At Bay Point Regional Shoreline you’ll find a variety of birds, including doves, hummingbirds, sparrows, and hawks, along with a variety of plant life such as alkali bulrush, pickleweed, and salt grass. Length: 1.1 miles. Trail type: natural, narrow. Trail condition: smooth. Amenities at trailhead: information, picnic tables, restrooms. Amenities on trail: none. Elevation gain: 30 feet. Maximum grade: 2%.

Description:
This walk takes you on a 1.1-mile loop through a marshy area that is rich in birds and other wildlife. The trail is wide and easy to follow, with a variety of bird species to be seen along the way. Be sure to bring binoculars to get a closer look at the birds and other animals living in this area. Some of the species you may see include doves, hummingbirds, sparrows, and hawks. The marshes are also home to a variety of plant life such as alkali bulrush, pickleweed, and salt grass.

Amenities at trailhead:
- Information: A sign at the trailhead provides information about the area, including the bird species that can be seen there.
- Picnic tables: There are several picnic tables available for your use.
- Restrooms: There are restrooms available at the trailhead.

Amenities on trail:
- Information: A trail map is available at the trailhead, along with a guide to the bird species that can be seen here.
- Picnic tables: There are several picnic tables available along the trail.
- Restrooms: Restrooms are available at the trailhead and along the trail.

WELCOME!
Please enjoy our Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

SAFETY AND ETIQUETTE
- Stay on trails. Taking shortcuts can be dangerous and cause erosion.
- Wading and/or swimming in undesignated areas may be dangerous and may harm the watershed.
- Carry and drink plenty of water. Dehydration is a leading cause of injury on the trails.
- Be prepared for sudden changes in weather conditions.
- Trails can be slippery, rocky and steep. Proceed carefully for your own risk.
- Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
- Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.
- Keep the parks beautiful. Pack out what you pack in.

RULES
Pets must be leashed 200 feet from any trail or park entrance. Pets must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times. Visitors are responsible for knowing and complying with park rules (Ordinance 38), online at www.ebparks.org/activities/or38.

Use your smartphone to access more information about these walks and to learn about other short-loop walks. http://www.ebparks.org/activities/hiking/shortloopwalks

Visit www.ebparks.org/parks/maps for individual park map brochures that show these short loop hikes in greater detail. You can also get map brochures at park entrances and at our administrative headquarters at 2950 Peralta Oaks Court, Oakland, Ca 94605.
Hikers in Briones Regional Park. **Image**

**Maximum grade:** benches, information, water.

**Elevation gain:** 0 feet. **Maximum grade:** 0%.

**Trail condition:** good. **Amenities at trailhead:** information, restrooms, parking, water, at North Court.

**Amenities on trail:** benches, information, water.

**Elevation gain:** 0 feet. **Maximum grade:** 0%.

**Amenities on trail:** benches, information, water.

**Elevation gain:** 0 feet. **Maximum grade:** 0%.

**Amenities at trailhead:** benches, information, water.

**Elevation gain:** 0 feet. **Maximum grade:** 0%.

**Amenities at trailhead:** parking, restrooms, information, benches, recycling.

**Amenities on trail:** fishing, benches, information, water.

**Elevation gain:** 0 feet. **Maximum grade:** 0%.

**Amenities on trail:** benches, information, benches, recycling.

**Amenities at trailhead:** parking, restrooms, information, benches, recycling.

**Amenities on trail:** fishing, benches, information, water.

**Elevation gain:** 0 feet. **Maximum grade:** 0%.

01 **Martinez Shoreline:** Killdeer/Duckpond Loop

**Route:** (shown as an orange dashed line)–North Court St. parking to Killdeer Trail to Duck Pond Trail, around pond, return to parking. **Description:** This trek through Martinez Regional Shoreline takes you through the main park area—with picnic areas, a lawn, and play structures—and around the duck pond, which is home to birdlife year round. You'll be able to enjoy views of the Carquinez Strait, restored marshlands, and sea birds. **Length:** 0.95 miles. **Trail type:** paved and natural, fire road and narrow. **Trail condition:** good. **Amenities at trailhead:** information, restrooms, parking, water, at North Court. **Amenities on trail:** benches, information, water. **Elevation gain:** 0 feet. **Maximum grade:** 0%.

02 **Martinez Shoreline:** Pickleweed Loop

**Route:** (shown as a green dotted line)–parking at end of Berrellesa St. to Pickleweed Loop Trail, follow Pickleweed Loop Trail, turn right onto the boardwalk (Jewel Lake Trail) to Jewel Lake. **Description:** This walk through Martinez Regional Shoreline starts by heading north from the parking area into restored marshland adjacent to Alhambra Creek. An important restoration completed in 2002, was a joint efforts of Caltrans, the City of Martinez, and the Park District. It provides important wildlife habitat and a great experience for visitors. As you continue west into the marsh, keep an eye out to your right (north) to sight a historic sunken schooner just offshore. **Length:** 0.94 miles. **Trail type:** paved and natural, fire road and narrow. **Trail condition:** good. **Amenities at trailhead:** benches, information, parking, restroom at parking area. **Amenities on trail:** benches, information, water. **Elevation gain:** 0 feet. **Maximum grade:** 0%.

03 **Tilden Nature Area:** Jewel Lake Loop

**Route:** (shown in orange)–Go north on Wildcat Creek Trail from the Environmental Education Center, then left onto the boardwalk (Jewel Lake Trail) to Jewel Lake. Follow Jewel Lake Trail until past just past Wildcat View Group Camp, turn right and go down the service road to Wildcat Creek Trail, then left to the parking lot. **Description:** This shaded hike through the heart of Tilden Nature Area is 1.30 miles long. A 800-foot long boardwalk, serene Jewel Lake, and peaceful woodlands, is an escape from urban bustle. Please note that dogs are not allowed in Tilden Nature Area. **Length:** 1.30 miles. **Trail type:** natural, fire road, and narrow. **Trail condition:** good. **Amenities at trailhead:** parking, water, benches, information, bus stop, bike parking, playground, restrooms, Visitor Center, phone. **Amenities on trail:** benches, drinking fountain. **Elevation gain:** 160 feet. **Maximum grade:** 10.7%.

04 **Tilden Nature Area:** Jewel Lake Loop

**Route:** (shown in orange)–Start from the south-end parking lot near the park office and follow East Shore Trail past the swim area. Turn left onto Dam Trail. **Description:** Continue to the staircase at the terminus of the West Shore Trail. Descend these stairs and continue on the West Shore Trail to the parking area. **Description:** This quick loop around Lake Ternesac doesn't disappoint; it offers plenty of places to sit and enjoy the scenery and watch people fish or enjoy picnicking. Swim at the swim beach (fee) in the warmer months. The secluded West Shore Trail takes you right along the shoreline where you can enjoy redwoods and a lush riparian habitat. Lend an eye to the water and you'll likely see fish swimming near shore, and several kinds of birds in their habitat. **Length:** 0.93 miles. **Trail type:** paved path, narrow natural. **Trail condition:** good. **Amenities at trailhead:** water, restrooms, phone, picnic areas, parking, information, playground, fishing, swimming, disabled access. **Amenities on trail:** benches, water, restrooms, picnic areas, fishing, information. **Elevation gain:** 20 feet. **Maximum grade:** 3%.

05 Diablo Foothills: Castle Rock Trail Loop

**Route:** (shown in orange)–From the trail parking staging lot, walk onto Castle Rock Trail, continue along Stage Road Trail, then turn left and head back towards the recreation area. Use the road to complete the loop and return to the parking area. **Description:** This walk circumnavigates Castle Rock Recreation Area, where park guests have access to picnic facilities, a pool, the softball field and volleyball court, and other amenities. Diablo Foothills is home to an abundant wildlife population including rodents, deer, and ground squirrels. **Length:** 1.1 miles. **Trail type:** paved and natural, fire road and narrow. **Trail condition:** smooth. **Amenities at trailhead:** information, parking. **Amenities on trail:** restrooms, shower, swimming, picnic areas, garbage, recycling, water. **Elevation gain:** 120 feet. **Maximum grade:** 13%.

06 **Briones: Abrego Valley Trail**

**Route:** (shown as an orange dashed line)–From Bear Creek Staging, take the Abrego Valley Trail to the Santos Trail and Wee T’ Chi group camp and return. **Description:** More shaded than its sister hike along Old Briones Road Trail (see below), this walk offers some respite from the heat during warmer weather. Watch for lizards, ground squirrels, and coyotes. **Length:** 2.64 miles. **Trail type:** natural and paved. **Trail condition:** smooth. **Amenities at trailhead:** parking, picnic areas, restrooms, information, water. **Amenities on trail:** benches, restrooms, water. **Elevation gain:** 260 feet. **Maximum grade:** 10%.

07 **Briones: Old Briones Road Trail/Valley Trail**

**Route:** (shown as a green dotted line)–From Bear Creek Staging, take Old Briones Road Trail, then Valley Trail, to Yerba Buena Trail and return. **Description:** A walk through open grasslands, following Bear Creek to the south. **Length:** 3.02 miles. **Trail type:** natural, fire road. **Trail condition:** smooth. **Amenities at trailhead:** parking, picnic areas, restrooms, information, water. **Amenities on trail:** benches, restrooms, water. **Elevation gain:** none. **Elevation gain:** 255 feet. **Maximum grade:** 8.3%.

08 **Redwood: East Ridge Trail**

**Route:** (shown as an orange dashed line)–From Skyline Gate, take the East Ridge Trail, return at Eucalyptus Trail. **Description:** East Ridge Trail, slightly more difficult than its sister trail (below), offers clear views of the valley. It’s perfect for birdwatching, watch for raptor species common to the area. **Length:** 1.39 miles. **Trail type:** natural, fire road. **Trail condition:** smooth. **Amenities at trailhead:** restrooms, water, parking, information, phone, disabled access. **Amenities on trail:** none. **Elevation gain:** 190 feet. **Maximum grade:** 8%.

09 **Redwood: West Ridge Trail**

**Route:** (shown as a green dotted line)–From Skyline Gate, take the West Ridge Trail, return at French Trail. **Description:** West Ridge Trail gently winds along the hillside at an average elevation of 1,300 feet, overlooking Redwood Creek below. Enjoy views to the northeast, and note the great variety of plant life. **Length:** 1.12 miles. **Trail type:** natural, fire road. **Trail condition:** smooth. **Amenities at trailhead:** restrooms, water, parking, information, phone, disabled access. **Amenities on trail:** none. **Elevation gain:** 70 feet. **Maximum grade:** 4%.