

TILDEN NATURE AREA

MARCH 2024 NATURALIST PROGRAMS

All programs meet at the environmental Education Center unless otherwise noted. Accommodation will be made for visitors with disabilities upon advance request.

Programs requiring registration have a 📅 symbol after the program name. Use the listed course number when making reservations by phone (1-888-EBPARKS opt. 2) or at our registration website, ebparks.com. All other programs are drop-in only. For more information on drop-in programs call 510-544-2233 or email tnarea@ebparks.org

CREATURE FEATURE

Interpretive Staff

10:30-11am, every Sat

From reptiles to rabbits, cockroaches to cows, you'll be amazed and mystified upon meeting our featured animal ambassador!



HOOTIN' HABITATS

Melissa Fowlks

11:15am-12:30pm, Sat, Mar 2, 16 & 30

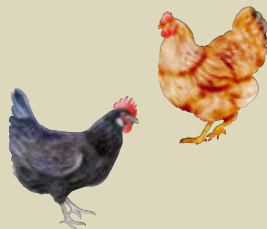
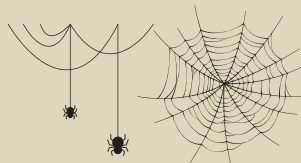
Discover which owls call the Bay Area home. Demystify these silent flyers adaptations and learn how to properly dissect an owl pellet.

THE ITSY BITSY SPIDER ...

Jenna Collins

1-2pm, Sat, Mar 2, 9 & 16

...went down the water spout and built a beautiful web! Join us for a leggy adventure around the farm. First we'll discover what makes a spider a spider while creating our very own arachnid crown to wear. Then we'll take a walk to see where our littlest critters hide!



FUN ON THE FARM

Interpretive Staff

2-3pm, every Sat

Get the inside scoop on the latest happenings at the Little Farm! What are the chickens saying? Why are goats so cute? Meet on the Farm near the chicken coop.

The Tilden Nature Area

is a 740-acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. The Environmental Education Center is open Tues-Sun from 10am-4:30pm. The Little Farm is open daily from 8:30am-4pm.

Program Key:

🅑 = Parking fee may apply

♿ = Wheelchair accessible

📅 = Online registration

Contact Us:

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Berkeley, CA 94708

Telephones: 510-544-2233

Email: tnarea@ebparks.org



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East Bay
Regional Park District
www.ebparks.org

SUNDAY MORNING NATURE WALK

Anthony Fisher

10-11:30 am, Sun, Mar 3, 10, 17, 31

Birds, ferns, trees, poop, and more!



SUNDAY STORYTIME

Interpretive Staff

10:30-11 am, every Sun

Gather 'round for a wonderful children's book read aloud.



SUNDAY AFTERNOON NATURE WALK

Anthony Fisher

2:30-4pm, Sun, Mar 3, 10, 17, 31

Easy walks of discovery. Accidentally learn stuff without trying. It's the best!

Meet at the visitor center.



MONDAY BIRDING

Various Parks

Anthony Fisher

9am-Noon, Mar 4, 11, 18, 25

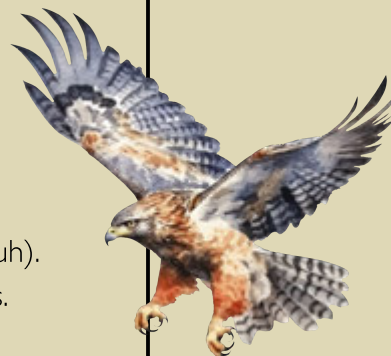
Birding for all!

Mar 4: Landfill Loop Trail, Parr Blvd, Richmond. Flat

Mar 11: Crockett Hills, Crockett Ranch Staging. Hills (duh).

Mar 18: Wildcat Canyon, Alvarado Staging Area. Hills.

Mar 25: Briones, Old Briones Road Entrance. Hills



Healthy Parks 
Healthy People

TILDEN NATURE AREA

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GARDEN HELPERS

Paula Urtecho

11am-Noon, Mon, Mar 4 & 18

There's plenty to do in the Spring Garden, from weeding to planting. Come and get your hands dirty – it's far more fun than it sounds!

THE OVER-THE-HILLS GANG

Various Parks

Anthony Fisher

10am-12:30pm, Tue, Mar 5 & 19

Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks.

Mar 5: Martinez Shoreline – mostly flat!

Mar 19: Sobrante Ridge, Coach Drive (hills & no facilities)



MAMMAL MADNESS

Martha Arlette Cerda

2:30 – 3:30pm, Sat, Mar 9

Calling all mammal mavens! Take a stroll as we learn more about the mammals that call Tilden Nature Area home. Get to know their unique characteristics while we play a game of storytelling and chance. Who will win? All ages. Parent participation required.

BIRDING THE BOTANIC GARDEN

Regional Parks Botanic Garden

Paula Urtecho

10–11:30am, Thu, Mar 14

The Botanic Garden is a great place to observe birds due to the diversity of native California plants and habitats represented there. Birds love the garden and so will you! We'll have a few pairs of binoculars to loan. Meet in front of the Botanic Garden Visitor Center.



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Hoot Hoot



SOUNDS IN NATURE/ SONIDOS EN LA NATURALEZA

Martha Arlette Cerda

3-4pm, Sat, Mar 16

The natural world is full of sounds all year round - from chirps, screeches, and buzzing, to drumming! Tune in to listen and appreciate some of the most beautiful sounds in nature.

Each session we will explore different unexpected sounds heard across Tilden Nature Area. This program is bilingual in Spanish/English. All ages. Parent participation required.



(en español) 3-4pm, Sáb, 16 de marzo

¡El mundo natural está lleno de sonidos durante todo el año - desde chirridos, chillidos, zumbidos, hasta tambores! Disfrute algunos de los sonidos más bellos de la naturaleza. En cada sesión exploraremos diferentes sonidos inesperados que se escuchan en Tilden Nature Area. Este programa es bilingüe en español/inglés. Para todas las edades. Se requiere la participación de los padres. No se requiere inscripción.



TILDEN TOTS

Melissa Fowlks

10:30-11:30am, Wed, Mar 20

Bring the littlest ones to the park to explore! Do an activity, meet some animals, and listen along to a story. Meet outside the visitor center.



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HIKE AND STORYTIME

Various Parks
Melissa Fowlks

11am-12:30pm, Thu, Mar 28

Join Naturalist Melissa and Librarians Deborah & Sheila in nature exploration activities, and a themed Storytime.

Mar 28: Kennedy Grove. Meet at the Lawn adjacent to the parking lot.



BUGS FOR LUNCH*

Jenna Collins

Noon-1pm, Sat, Mar, 30

Insects play a very important part in our ecosystem. From decomposition to food, bugs help make the world go round. We'll read a story about animals that rely on insects for food then make old fashioned ice cream ...topped with bugs!



GOODNIGHT FARM

Jenna Collins

3:30-4pm, Sat, Mar 30

Help us close the farm and put the animals to bed! We'll learn their names and what their favorite food is as we do our evening chores. Meet at the chicken coop.

WHERE THE WILD THINGS GROW

Interpretive Student Aid
Mayra Kwasnikow

11am-Noon, Sun, Mar 31

Join us for a spring foraging discussion within the Nature Area! We'll learn how to identify the vast array of edible and useful plants all around us, as well as the ways they were and are still used today by Indigenous Peoples. All ages are welcome.

