

East Bay Lakes Fishing Report 03.07.2024

BY CHUCK WOLF

WON Staff Writer

MIXED ACTION WITH HEAVY WEATHER CHALLENGES LOCAL ANGLERS!

Trout action has been pretty good across the East Bay but getting out in decent weather has been a challenge. The Regional Parks District continues with their heavy plants and this week was no exception. Shadow Cliffs, Del Valle, and Contra Loma all received 1,000 pounds each. Combined with previous plants the weather has had more effect on the fisherman than the fish.

Looking forward to the next week or so, the weather looks good and there will be plenty of holdovers to be had.

If you are a beginning angler, or even an experienced angler who wants to get out and meet some of the staff, some fellow anglers, or just want to brush up on some new techniques, consider signing up for one of the upcoming Park District fishing seminars. The “Trout Basics” hands on seminar will be offered at Lake Chabot on March 22nd from 9-11, the “Intermediate Trout” seminar will be held March 22nd at Lake Chabot from noon-2pm, and the “Introduction to Saltwater Fishing” seminar will be offered April 11th. from 9-11 am at Martin Luther King Jr. Regional Shoreline Park, in Oakland. These are hands on events that include some basic instruction followed by time on the water. Equipment is provided. There is a \$25 fee for adults and a \$21 fee for kids. Establish an account and get registered at; ebparks.org. Scroll down to the activities call out, find the event date, get registered and get fishing! There are different events being held every day, so if fishing isn't your deal, something else offered just might be.

Shadow Cliffs received 1000 pounds on Wednesday the 6th and as expected action was solid until thunderstorms and rain rolled in, and the bite shut down. There have been almost weekly plants, and the lake is fat with fish, so take advantage of the good weather this weekend and go fishing! Andre took an 8-pounder fishing a red Atomic Tube from the shoreline near the ramp. Chuck took a 7-pounder from shore on a red micro spoon. Bri took a nice bass on the 3rd.

Contra Loma is fat with fish, but reports remain light. The lake received 1000 pounds on Wednesday the 6th. Action has been mixed but should be good over the weekend. Vishu took a 3-plus-pound Lassen on the 7th. and there have been a good number of limits also reported. The bass appear to be moving onto the beds and action should only improve. There was an 8-pounder taken early in the week.

Lake Del Valle has been receiving near weekly plants and received another 1,000-pounds on the 6th. Lake conditions have improved considerably. The lake has been brought down and there is more shoreline available. Water quality is still a bit off but getting better every day. The trout action has been good from the East swim beach. Bass action has improved. James Faudeck took a nice 6-pound largemouth and a couple smallies March 5th on a white-chartreuse spinner while boat fishing.

Lake Chabot action remains mixed. The water is very high, access is limited but the water quality is fair to good and will settle even more with the stable weather. Check out the You-tube video “Trolling for trout at Lake Chabot” at t.davis510 for some pointers.

Lake Temescal action has been good. The water is a bit stained but red, orange, chartreuse spoons and grasshopper, brown tubes have all been working. The lake received 1,000-pounds of Lassens last week and then received a bonus plant of 500-pounds of DFG’s on the next day. Matt Fernandez took a 7-pound Lassen from shore near the handicap dock.

Horseshoe Lake received 750 pounds of Lassens on the 27th and a previous DFG plant on the 21st. The lake is in great shape but the action has slowed. Shinn, Grau, Rainbow all slow.

Please, if you have a good day on the water, send me your pics and a short write up and I’ll make sure that I use your report! Ctw1930@gmail.com, or by text at 571-481-8040.