

Parks are Essential

2021 CALENDAR

East Bay 
Regional Park District
Healthy Parks Healthy People



“East Bay Parks provide the best family hiking fun that is conveniently accessible and well maintained.”

– Marilyn, Black Diamond Mines Regional Preserve, Antioch

FEATURING
PHOTOS FROM
REGIONAL PARK
USERS PARTICIPATING
IN THE
#LoveEBRPD
CAMPAIGN
AND THE
2021 CALENDAR
PHOTO CONTEST



"I #LoveEBRPD because the natural beauty of the parks inspires me artistically."
- Alan, Wildcat Canyon Regional Park, Richmond

#LoveEBRPD

JANUARY 2021



PARKS ARE ESSENTIAL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DEC. 2020 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	FEBRUARY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28				1	2
3	4	5	6	7	New Year's Day	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	Martin Luther King Jr. Day	26	27	28	29	30
31						





SAVING THE BAY
AND ITS SHORLINES
THE LEGACY OF A VISIONARY LEADER - SYLVIA

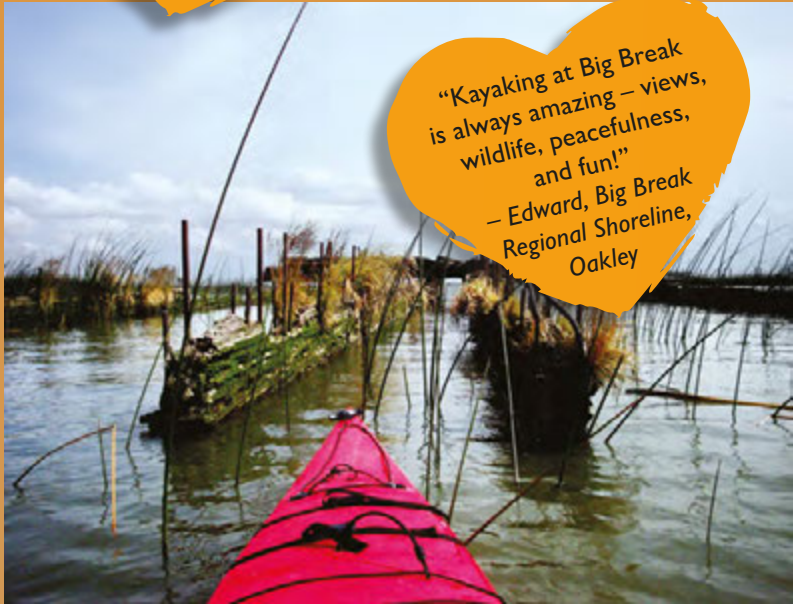


"I love pedaling, running, and hiking along water. The new segment of SF Bay Trail near Golden Gate Fields is a wonderful tribute to Save The Bay's vision of protecting the bay and making it accessible for people to enjoy all it has to offer... nature, fresh air, beautiful views, peace, and exercise."
- Mary, SF Bay Trail at Albany Beach, McLaughlin Eastshore State Park



"We love how there are so many beautiful hidden gems. Thank you EBRPD for making us feel safe!"
- Hannah, Sunol Wilderness Regional Preserve, Sunol

#LoveEBRPD



"Kayaking at Big Break is always amazing - views, wildlife, peacefulness, and fun!"
- Edward, Big Break Regional Shoreline, Oakley

FEBRUARY 2021



PARKS ARE ESSENTIAL																																																																																																	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																											
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14 Valentine's Day	15 Presidents Day	16	17	18	19 ☾	20																																																																																											
21	22 National Walking the Dog Day	23	24	25	26	27 ☉																																																																																											
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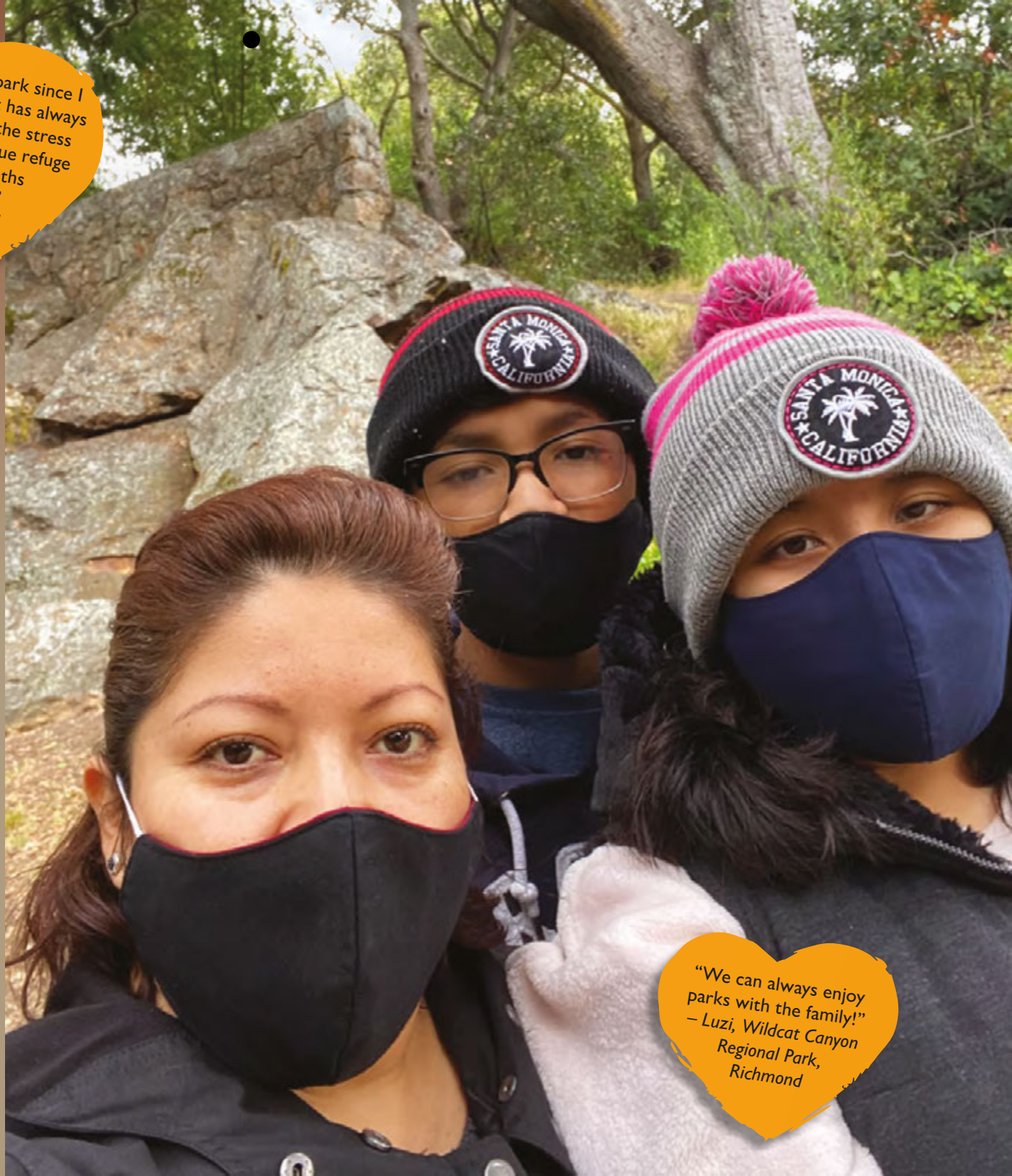




“I’ve been hiking in this park since I came to the US in 1991. It has always been a place that makes the stress go away and has been a true refuge during the many months of shelter in place.”
 – Lis, Black Diamond Mines Regional Preserve, Antioch



“I love that there are so many different parks to choose from with varying terrain and challenges. I go every week – it keeps me grounded, as well as connected to the family and friends who join me!”
 – Branwyn, Claremont Canyon Regional Preserve, Oakland



“We can always enjoy parks with the family!”
 – Luzi, Wildcat Canyon Regional Park, Richmond

#LoveEBRPD

MARCH 2021



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Passover Begins		National Take a Walk in the Park Day	César Chávez Day																																																																																							



#LoveEBRPD

"EBRPD parks:
your flower garden."
– Edin, Pleasanton
Ridge Regional Park,
Pleasanton



APRIL 2021



PARKS ARE ESSENTIAL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MARCH S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	MAY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			1	2	3
 4 Easter Passover Ends	5	6	7	8	9	10
 11	12	13	14	15	16	17
18	19	 20 Ramadan Begins	21	22	23	24
25	 26	27	28	29	30	
					Earth Day	Arbor Day





“EBRPD parks are portals into nature, adventure, enlightenment and history.”
– Jason, Black Diamond Mines Regional Preserve, Antioch



“We feel a world away... in our own backyard! Thanks EBRPD for providing beautiful trails and priceless opportunities in nature!”
– Kristie, Dublin Hills Regional Park, Dublin

“We’ve been hiking the parks for over 20 years and love every park for different reasons. Being on the trails is life. I couldn’t do it without my trained seizure/hypoglycemia alert dogs.”
– Hendrik & Sonja, Chief & Olive, Briones Regional Park, Martinez

#LoveEBRPD

MAY 2021



PARKS ARE ESSENTIAL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
APRIL S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	JUNE S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30					1 Wildfire Awareness Month May Day
2	☾ 3	4	5	6	7	8
9	10	● 11	12	13	14	15
Mother's Day			Cinco de Mayo	Eid al-Fitr		National Learn to Swim Day
16	17	18	☾ 19	20	21	22
						National Safe Boating Week
23	24	25	☉ 26	27	28	29
			Vesak (Buddha's Birthday)			
30	31	 <p>Be a Pup Pro – The Park District is one of the most dog-friendly districts in the nation, with many parks allowing off-leash dogs in designated areas. To help keep trails and parks enjoyable for everyone, including pups and park-goers, the Park District launched the “Be A Pup Pro” public information campaign urging dog owners to be respectful, follow dog rules, and share parks with others. #PupPro</p>				
	Memorial Day					

#LoveEBRPD

"I love EBRPD through: back-packing the Ohlone Wilderness Trail, family cabin camping at Del Valle, and frequent evening hikes at Vargas Plateau."
- Jeff, Garin Regional Park, Hayward



"The variety of parks across the Park District is amazing. There's something for everyone!"
- Ferdie, Mission Peak Regional Preserve, Fremont



"Every turn that one takes while hiking or walking along the trails leads you to new surprises and serenity. No day is ever the same in our parks and that is why I #LoveEBRPD! #beautyineverything."
- Karen, Contra Loma Regional Park, Antioch

JUNE 2021



PARKS ARE ESSENTIAL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MAY</p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30 31</p>	<p>JULY</p> <p>S M T W T F S</p> <p>1 2 3</p> <p>4 5 6 7 8 9 10</p> <p>11 12 13 14 15 16 17</p> <p>18 19 20 21 22 23 24</p> <p>25 26 27 28 29 30 31</p>	1 ☽	2	3	4	5
6	7	8	9	10 ●	11	12
13	14	15	16	17 ☽	18	19
20	21	22	23	24 ☽	25	26
27	28	29	30			

World Bicycle Day

National Trails Day

Flag Day

National
Go Fishing Day

Juneteenth

First Day
of Summer
Father's Day



#LoveEBRPD

“So many parks to love with my husband Joe, my favorite hiking buddy.”
– Debby, Round Valley Regional Preserve, Brentwood



“What a treasure we have in the East Bay.”
– Raj, Quarry Lakes Regional Recreation Area, Fremont

“My mental and physical health is better than ever! Thank you EBRPD!!”
– Jazmin, Round Valley Regional Preserve, Brentwood



“Over the past eight and a half years, I’ve visited 71 of the 73 East Bay Regional Parks. I am very fortunate to have so many parks close to my home. Thank you, EBRPD, for keeping the trails open!”
– John, Morgan Territory Regional Preserve, Livermore



JULY 2021



PARKS ARE ESSENTIAL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>JUNE</p> <p>S M T W T F S</p> <p>1 2 3 4 5</p> <p>6 7 8 9 10 11 12</p> <p>13 14 15 16 17 18 19</p> <p>20 21 22 23 24 25 26</p> <p>27 28 29 30</p>	<p>AUGUST</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30 31</p>			<p>☾ 1</p>	2	3
4	5	6	7	8	● 9	10
Independence Day						
11	12	13	14	15	16	☾ 17
18	19	20	21	22	☉ 23	24
25	26	27	28	29	30	☾ 31

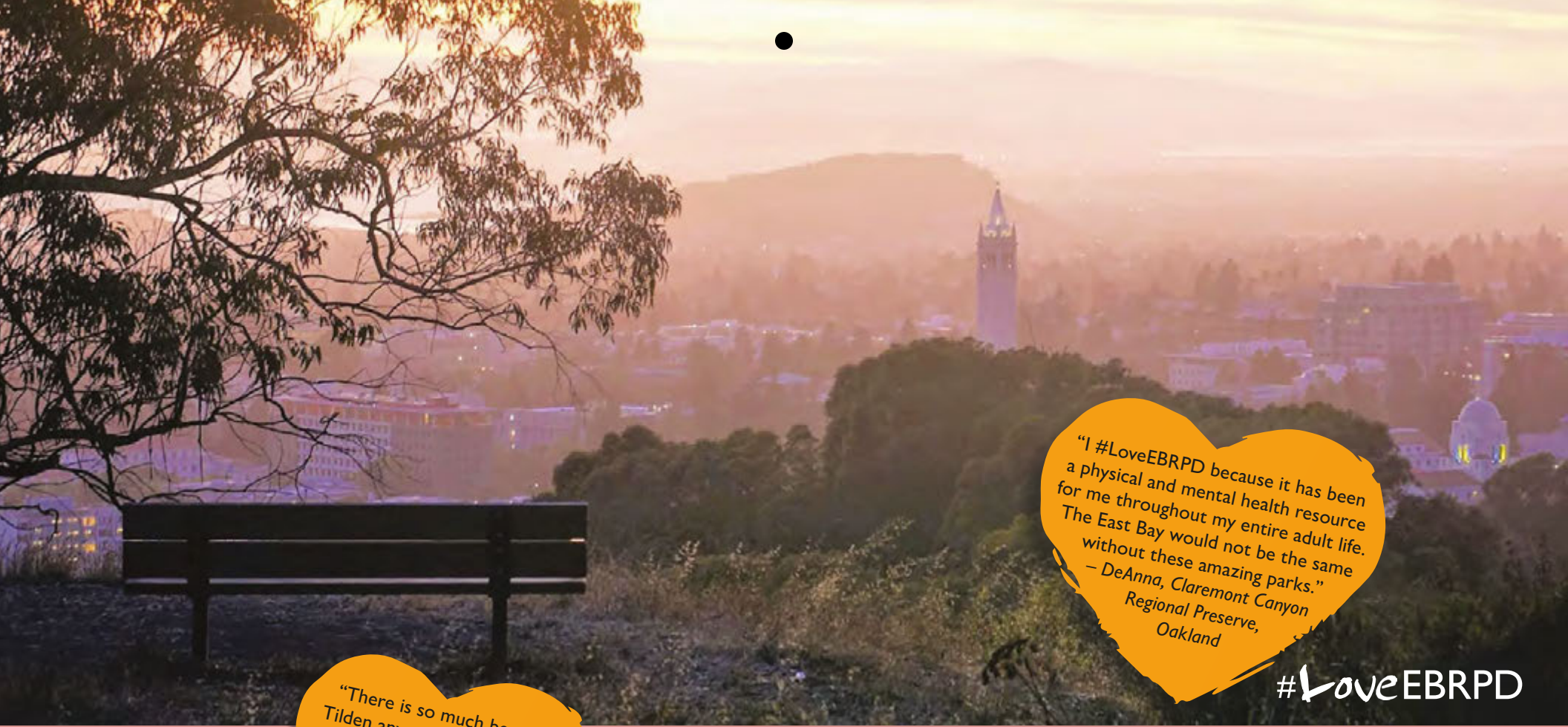


AUGUST 2021



PARKS ARE ESSENTIAL						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
● 8	9 Islamic New Year	10	11	12	13	14
◐ 15	16	17	18	19	20	21
◑ 22	23	24	25	26	27	28
29	◑ 30	31			JULY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	SEPTEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30





"I #LoveEBRPD because it has been a physical and mental health resource for me throughout my entire adult life. The East Bay would not be the same without these amazing parks."
 – DeAnna, Claremont Canyon Regional Preserve, Oakland

#LoveEBRPD

"There is so much beauty at Tilden any time of the year but especially in springtime. I love getting my exercise there by running or hiking its trails."
 – Pen, Tilden Regional Park, Berkeley



"Late September clouds look upon us from Flag Hill."
 – Michael & DeeDee, Sunol Wilderness Regional Preserve, Sunol

SEPTEMBER 2021



PARKS ARE ESSENTIAL						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	●	6	7	8	9	10
	Labor Day	Rosh Hashana Begins		California Admissions Day		11
12	◐	13	14	15	16	18
				Yom Kippur		Coastal Cleanup Day
19	◑	20	21	22	23	24
		International Day of Peace	First Day of Autumn			25
26	27	◑	28	29	30	
					AUGUST <small>S M T W T F S</small> 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	OCTOBER <small>S M T W T F S</small> 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



#LoveEBRPD

“My picture says it all!
#LoveEBRPD”
– Jennifer, Claremont
Canyon Regional
Preserve,
Oakland



OCTOBER 2021

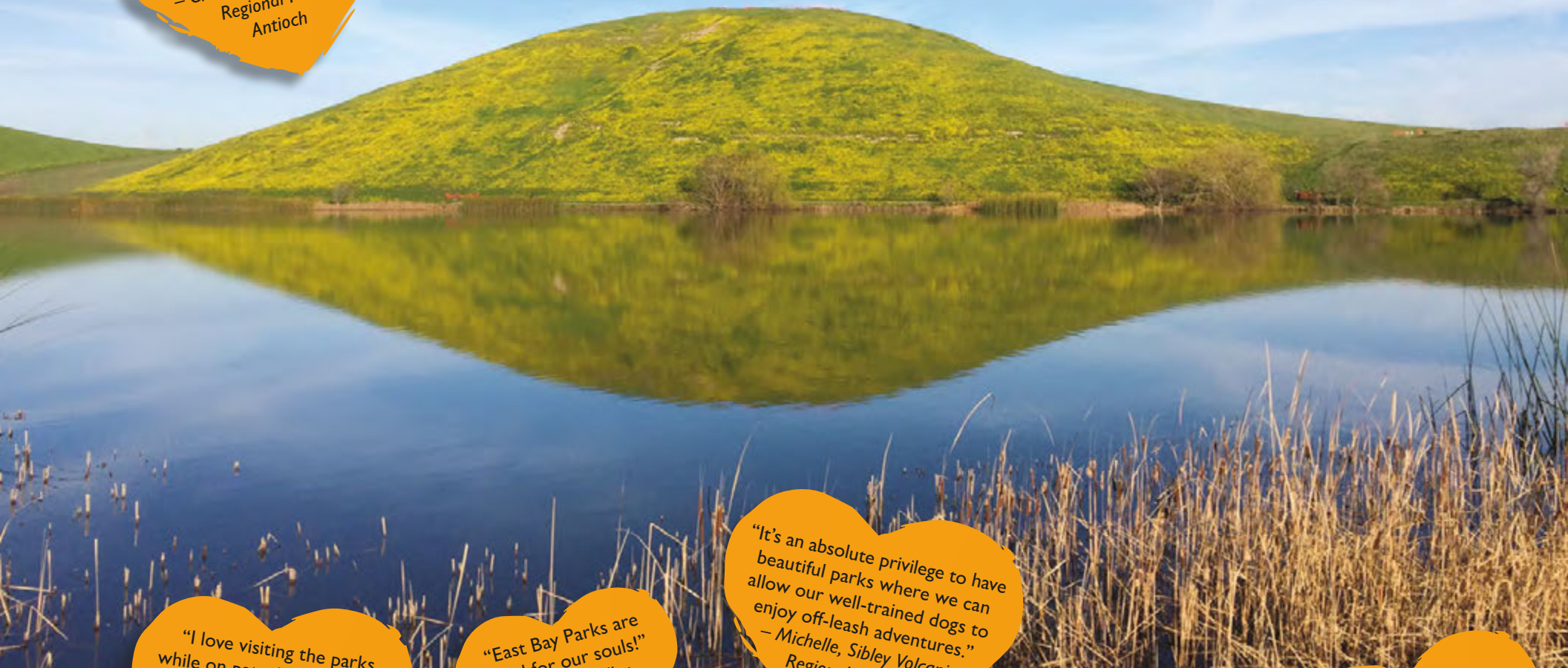


PARKS ARE ESSENTIAL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEPTEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	NOVEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30				1	2
3	4	5 ●	6	7	8	9
10	11 ●	12	13	14	15	16
	Indigenous Peoples' Day					
17	18	19 ○	20	21	22	23
24	25	26	27 ●	28	29	30
31	 <p>Wildfire Preparedness Month – The height of fire season is typically October when the heat of summer has dried out vegetation, and hot, dry Diablo winds from the east create dangerous fire conditions. To reduce fire risks, the Park District grazes approximately 65 percent of parklands with cattle, goats, and sheep throughout the year. Grazing cattle play an important role in wildfire protection as “Four-Hoofed Firefighters” that reduce flammable grass and brush in parks.</p>					
Halloween						

#LoveEBRPD

"I love walking around Contra Loma! I feel at peace there and all of my stress goes away."
- Christina, Contra Loma Regional Park, Antioch



"I love visiting the parks while on patrol with the East Bay Regional Park's Volunteer Trail Safety Mounted Patrol."
- Lori, Garin Regional Park, Hayward



"East Bay Parks are good for our souls!"
- John & Shelley, Vargas Plateau Regional Park, Fremont



"It's an absolute privilege to have beautiful parks where we can allow our well-trained dogs to enjoy off-leash adventures."
- Michelle, Sibley Volcanic Regional Preserve, Oakland



"Beautiful views walking along the bay shoreline."
- David, Hayward Regional Shoreline, Hayward



NOVEMBER 2021



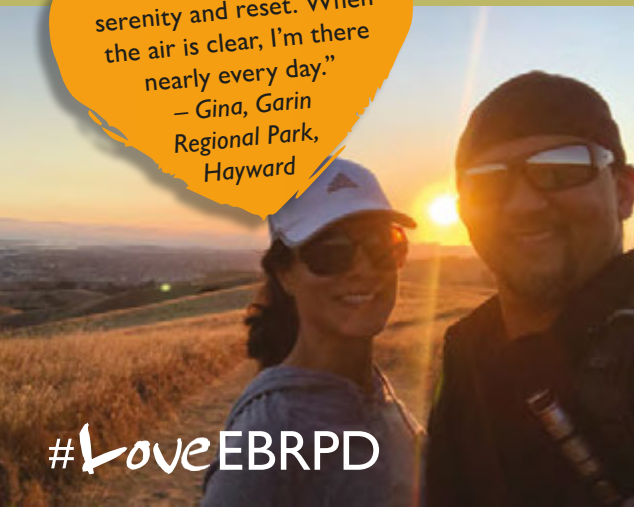
PARKS ARE ESSENTIAL						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Día de los Muertos	2 Election Day	3	4 ●	5	6
7 Daylight Saving Time Ends	8	9	10	11 ◐	12	13
14	15	16	17 National Take a Hike Day	18	19 ◑	20
21	22	23	24	25	26	27 ◑
28	29 Chanukah Begins	30		Thanksgiving	OCTOBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	DECEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



“Nothing like the rolling green hills in springtime. We love East Bay Regional Parks!”
– Linda, Carquinez Strait Regional Shoreline, Martinez



“Garin is our peace, serenity and reset. When the air is clear, I’m there nearly every day.”
– Gina, Garin Regional Park, Hayward



“The diversity of wilderness and wildlife is what I love about the East Bay parks. If you love nature and you love wildlife, you will have no other option than to #LoveEBRPD!”
– Dennis, Del Valle Regional Park, Livermore



“Going outside and seeing a warning for something other than a pandemic is a refreshing change.”
– Richard & Philippa, Sunol Wilderness Regional Preserve, Sunol



#LoveEBRPD

DECEMBER 2021



PARKS ARE ESSENTIAL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOVEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	JANUARY 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		1	2	●	3
5	6 Chanukah Ends	7	8	9	◐	10
12	13 National Horse Day	14	15	16		17
19	20	21	22	23	24	25
		First Day of Winter				Christmas
◐ 26 Kwanzaa Begins	27	28	29	30	31	
					New Year's Eve	



Parks Are Essential

This year's calendar highlights the beauty of East Bay Regional Parks and the essential role they play in promoting mental health and well-being, and providing opportunities for physical activities – especially during COVID-19.

A 2020 scientific survey of East Bay residents found that 81 percent view Regional Parks as an “essential service” due to the many psychological and physical health benefits of outdoor activities. The same survey found that over two-thirds of park users visit Regional Parks at least once a month with the top reasons being physical health, stress relief and relaxation, and spending time with family and friends.

Yet another reason is discovering new places. Explore the newest regional park in Oakland – Judge John Sutter Regional Shoreline at the eastern touchdown of the Bay Bridge. Visit the restored tidal marshlands at Bay Point Regional Shoreline with expansive views of Suisun Bay. Or take a walk or bike ride on the new bridge and new trail segment of the SF Bay Trail from Gilman Street in Berkeley to the restored Albany Neck and Beach in Albany.

The 2021 calendar also features #LoveEBRPD with photos from park visitors enjoying diverse features of the Regional Parks, from rolling green hills and wildlife to spectacular sunsets. Thank you for showing us how integral and special the Regional Parks are to our quality of life in the East Bay.

This year, when you visit your Regional Parks, show your love and appreciation by sharing your nature selfies and messages and tagging them #LoveEBRPD.

Love and protect your “Essential” Regional Parks!

The Regional Parks Foundation is a nonprofit organization that supports the East Bay Regional Park District through fundraising to provide universal access, environmental stewardship, educational and recreational programs and the acquisition of parklands. You can support your East Bay Regional Parks through membership, donations, legacy giving and volunteering. Please visit regionalparksfoundation.org to learn more.



The Trails Challenge logo indicates our 28th annual Trails Challenge program, a self-guided hiking program, brought to you by a special partnership between the Park District, Kaiser Permanente, and the Regional Parks Foundation.



EAST BAY REGIONAL PARK DISTRICT
2950 Peralta Oaks Court, Oakland, CA 94605-0381 • ebparks.org

Contact Us

Receptionist 1-888-EBPARKS (1-888-327-2757)
24-hour Information 1-888-EBPARKS (1-888-327-2757), option 1
Camping and Picnic Reservations 1-888-EBPARKS (1-888-327-2757), option 2
TRS Relay For Hearing Impaired 711
Regional Parks Foundation 510-544-2220
Visitor Centers' Information ebparks.org/parks/vc

East Bay Regional Park District Board of Directors

Elizabeth Echols Ward 1
Dee Rosario, President Ward 2
Dennis Waespi Ward 3
Ellen Corbett Ward 4
Ayn Wieskamp Ward 5
Beverly Lane Ward 6
Colin Coffey Ward 7

Contributing Photographers: *The photos in this calendar are submissions from Regional Park users to our #LoveEBRPD photo campaign and 2021 Calendar photo contest. Thanks to all the photographers for their beautiful photos and inspiring comments showing us how they #LoveEBRPD!*

Cover: Marilyn R. Johnson

January: Alan Krakauer

February: Mary Norton, Hannah Prasad,
Edward Valenzuela

March: Lis Mitchell, Branwyn Bigglestone, Luzi

April: Edin Hodzic

May: Kristie Korst, Jason Collins, Hendrik and Sonja Ohldag

June: Jeff Giacometto, Ferdie Lasala, Karen Royse

July: Debby Pena, Jazmin Hernandez, Dr. John Graves,
Raj Sundar

August: Tanya Arnaiz, Dennis Rashé, Joy Chau,
Josita Farinacci

September: DeAnna Tibbs, Pen Perez,
Michael and DeeDee Coustier

October: Jennifer Listgarten

November: Christina Mota, Lori Wright, Shelley Lumm,
Michelle Lee, David Bushong

December: Linda J. Kenney, Gina Ciccolo, Richard
and Philippa Hare, Dennis Rashé

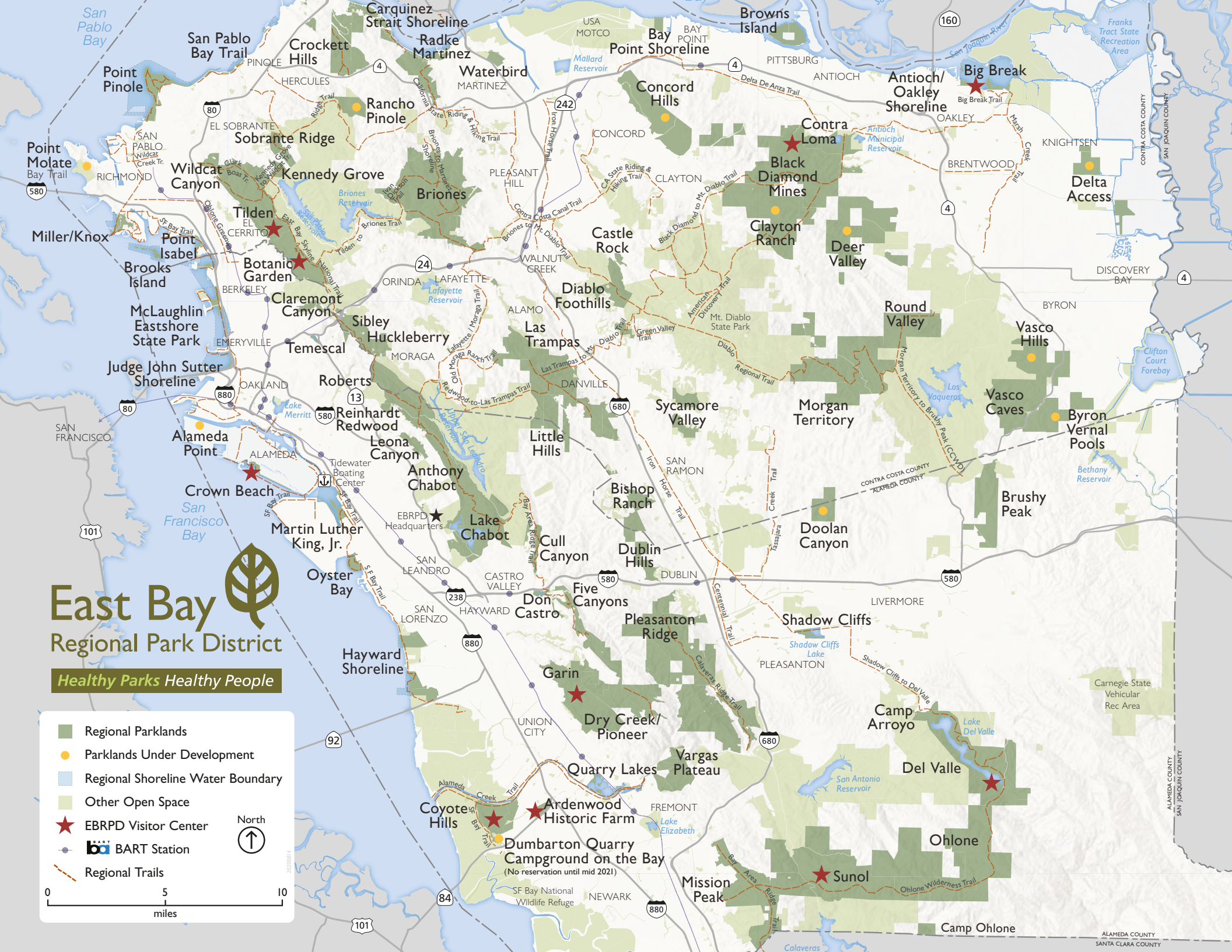
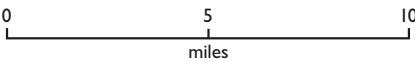
Back Cover: Joel and Emma Finley, Lee Friedman,
Sherie Schadler

East Bay Regional Park District



Healthy Parks Healthy People

- Regional Parklands
- Parklands Under Development
- Regional Shoreline Water Boundary
- Other Open Space
- EBRPD Visitor Center
- BART Station
- Regional Trails





“Thanks, EBRPD, for turning our tentative preschooler into a happy hiker (and birdwatcher!)”
 – Joel & Emma, Garin Regional Park, Hayward

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“I love EBRPD because it provides great food during the winter for hungry migratory birds like this berry-eating hermit thrush (*Catharus guttatus*).”
 – Lee, Regional Parks Botanic Garden, Tilden Regional Park, Berkeley



“Walking in paradise... Love EBRPD!”
 – Sherie, Sugar and Romeo, Briones Regional Park, Martinez

#LoveEBRPD