

 **East Bay Regional Park District**  
**SKILLS OF THE PAST**  
**NATURALIST PROGRAMS**  
**MARCH – APRIL 2010**

**ARCHAEOLOGICAL VILLAGE SITE:**  
**OHLONE** ① ♿

1:30-4pm, Sunday, March 7, Course #23545  
Dino Labiste, Naturalist

Learn about Ohlone culture as we tour a model of village life at the Visitor Center. Walk to a 2,000-year-old Ohlone village site, see replicated structures and examine reproductions of artifacts. Along the trail, we'll identify plants that provided food, medicine and tools.

Reg. Required: 1-888-EBPARKS  
(1-888-327-2757, option 2, 3)



**COYOTE HILLS FLINTKNAPPERS:**  
**BEGINNERS** ① ♿

10am-3pm  
Sunday, March 14, Course #23556  
Dino Labiste, Naturalist

Unearth the art of turning an obsidian flake into a functional Paleolithic cutting tool. Learn about prehistoric equipment, such as hammer stones, and use modern materials, like copper pressure flakers. Practice

beginning skills to create a Stone Age microblade or shape an arrowhead. 18+yrs  
Reg. Required: 1-888-EBPARKS  
(1-888-327-2757, option 2, 3)



**EDIBLE AND USEFUL PLANTS HIKE**

①  
Garin/Dry Creek Regional Park  
Garin Barn Visitor Center  
9am-12:30pm

Sunday, March 21, Course #23669  
Dino Labiste, Naturalist

The Ohlone Peoples and European settlers gathered wild plants for food, medicine and tools. Identify edible plants on a sprintime hike. Gather Miner's lettuce for a tasty salad, process Manzanita cider, munch on acorn cookies, snack on dried Huckleberries and sample other savory wild foods. 12+yrs  
Reg. Required: 1-888-EBPARKS  
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**East Bay Regional Park District**  
**COYOTE HILLS REGIONAL PARK**  
8000 Patterson Ranch Road, Fremont, CA 94555  
Phone: (510) 544-3220 e-mail: [chvisit@ebparks.org](mailto:chvisit@ebparks.org)  
[www.ebparks.org](http://www.ebparks.org)

## **CORDAGE MAKING** ⑨ ⑆

9:30am-noon

Sunday, March 28, Course #23568

Dino Labiste, Naturalist

The ability to twist, twine or braid fibers into cordage allowed indigenous cultures to tie their world together. Learn the various techniques of gathering, preparation, extracting and plying of plant materials to create cordage. Practice the efficient method of leg rolling dogbane fibers. 9+yrs  
Reg. Required: 1-888-EBPARKS  
(1-888-327-2757, option 2, 3)



- ⑨ Parking fees may apply
- ⑆ Wheelchair accessible
- (non-res) Residents outside of Alameda and Contra Costa counties

**Currently registering for Jan-Feb. Online registration for Mar-Apr begins February 9, and regular registration begins February 18. For registration call 1-888-EBPARKS (1-888-327-2757, option 2, 3) or register on-line at [www.ebparksonline.org](http://www.ebparksonline.org)**

Accommodation will be made for visitors with disabilities upon advance request.  
For assistance please call (510) 544-3220 or e-mail [chvisit@ebparks.org](mailto:chvisit@ebparks.org)

**For more information about programs offered in the East Bay Regional Parks, see our publication “Regional in Nature” or visit our website.**



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## **FIRE MAKING** ⑨ ⑆

1:30-3:30pm

Sunday, March 28, Course #23569

Dino Labiste, Naturalist

Ever wondered how fire was created before matches or a lighter? What materials were used? Unravel the secrets of fire-by-friction, fire-by-percussion and fire-by-compression. Discover the techniques required to produce a glowing ember as we practice our fire making skills through hands-on activities.  
12+yrs  
Reg. Required: 1-888-EBPARKS  
(1-888-327-2757, option 2, 3)

## **OHLONE CULTURE** ⑨ ⑆

10am-noon & 1-3pm, Saturday, April 10

Dino Labiste, Naturalist

Discover how the first people utilized the natural resources from the environment for everyday items. Examine reproductions of tools and learn about plant uses. Watch flintknappers create arrowheads from obsidian.  
For information: (510) 544-3220