



**NATURALIST-LED FIELD TRIPS**  
**Sunol-Ohlone Regional Wilderness**  
**P.O. Box 82 (end of Geary Rd.) Sunol, CA 94586**  
**(510) 544-3249 [svisit@ebparks.org](mailto:svisit@ebparks.org)**

**Other Sites:**

The Sunol staff also serves other local regional parks. Ask about our occasional programs at Shadow Cliffs Regional Recreation Area, Pleasanton Ridge Regional Park, Las Trampas Regional Wilderness, Del Valle Regional Park and Brushy Peak Regional Preserve.

NATURALIST PROGRAM DESCRIPTIONS	PROGRAM LENGTH	GRADE LEVEL
<p align="center"><b>NATURAL HISTORY PROGRAMS</b></p> <p>can be customized to cover a variety of topics addressing current State Curriculum Standards from the life of a butterfly to the structure of the solar system. The following are among many possible programs the naturalists can develop for your needs.</p>		
<p><b>Introduction to Sunol Wilderness</b>            A brief introduction to the park, its rules, history and plants and animals. Additional time can be spent exploring the visitor center</p>	<p align="center"><b>1-2 hrs.</b></p>	<p align="center"><b>All grades</b></p>
<p><b>The Nature of the Land: Nature Walk</b>            These programs can be custom tailored to topics being covered in the classroom on most areas of natural history including seasonal patterns, wildflowers and pollination, animal homes and adaptations, bird life and more.</p>	<p align="center"><b>1-2 hrs.</b></p>	<p align="center"><b>All grades</b></p>
<p><b>The Nature of the Land: Adventure Hike</b>            This is a trail hike with minimal introduction leading the group to historically, naturally and/or geologically significant locations such as: Little Yosemite (2-3 hrs.), Indian Joe Cave Rocks (2-4 hrs.) or other destinations.</p>	<p align="center"><b>2-4 hrs.</b></p>	<p align="center"><b>3rd and up</b></p>
<p><b>Stream Study (April to October only)</b>            An investigation of Alameda Creek, its physical properties and inhabitants. A group introduction will be followed by a walk in smaller groups to explore, identify, catch and release creek wildlife.</p>	<p align="center"><b>2 hrs.</b></p>	<p align="center"><b>3rd and up</b></p>
<p><b>Stream Investigation (April to October only)</b>            A basic introduction to stream ecology with dipnets for younger kids.</p>	<p align="center"><b>1-2 hrs.</b></p>	<p align="center"><b>K-2nd</b></p>

<p><b>Astronomy: Third Rock from the Sun</b> A hike to explore the interaction of sunlight, shade and the natural world, and safe, hands-on activities investigating the sun, solar system (including earth's place), changing views of the universe and the night sky. Night hikes, evening stargazing and moon-watching programs may be arranged.</p>	<p><b>1-4 hrs.</b></p>	<p><b>All grades</b></p>
<p><b>Geology: If Rocks Could Talk</b> A hike and hands-on activities explore local rock types, an earthquake fault trace, landslides and other erosional and depositional features, fossils and other geologic phenomena.</p>	<p><b>1-4 hrs.</b></p>	<p><b>All grades</b></p>
<p><b>Weather or Not</b> A hike and hands-on activities investigate the seasons, water cycle, weathering, landforms, climate and how they all determine patterns of vegetation and wildlife habitat.</p>	<p><b>1-4 hrs.</b></p>	<p><b>All grades</b></p>
<p><b>CULTURAL HISTORY PROGRAMS</b> can be customized to cover Sunol's human history from pre-Columbian times to today.</p>		
<p><b>California Native Americans</b> This program traces the ways in which the local Ohlone, Miwok and Yokut Indians used their immediate resources and modified their physical environment in the days before European contact. This program includes an introduction to historical artifacts, a walk to explore <u>significant geological, plant and animal resources</u>, and hands-on games and other activities.</p>	<p><b>2-4 hrs.</b></p>	<p><b>3rd and up</b></p>
<p><b>California History Emersion</b> Using period clothing to create a human timeline, children will trace the history of settlers in the park from the Indians through the Mission, Rancho and American settlement periods to the present day. On a history walk students will also look for and investigate uses of artifacts and discover evidence in the landscape of previous human occupation. The program also includes hands-on activities related to distinct periods during the park's history. A longer history hike may be substituted for the timeline and other activities.</p>	<p><b>2-4 hrs.</b></p>	<p><b>3rd and up</b></p>
<p><b>CAMPING</b> Program formats can sometimes be accommodated to include groups staying overnight in our School Camp area. <b>Fee: \$35/night for up to 45 people (non residents of Alameda and Contra Costa counties \$70/night).</b> Call for reservation (510) 544-3249.</p>		