

NATURALIST PROGRAMS

(PROGRAMS MEET AT THE ENVIRONMENTAL EDUCATION CENTER UNLESS OTHERWISE NOTED)

The Tilden Nature Area is a 740 acre preserve containing 10 miles of hiking trails, a small lake, several ponds and the Little Farm. This area is ideal for nature study. We invite you to relax and enjoy this gentle place in your Regional Parks.

The Environmental Education Center is open Tues-Sun 10am-4:30pm. The exhibits tell the "Story of the Wildcat Creek Watershed." You can travel the imaginary journey down the length of the creek. The Little Farm is open daily; the best time to visit is 8:30am-3:30pm. There are no entry fees. For more information, call 510-544-2233 or e-mail tnarea@ebparks.org.

- Ⓟ Parking fee may apply
- ♿ Wheelchair accessible
- 📄 Online Registration available

Accommodation will be made for visitors with disabilities upon advance request. For assistance call 510-544-2233 or e-mail tnarea@ebparks.org

A HAPPY
NEW YEAR

FLYWAY FORAYS

Anthony Fisher

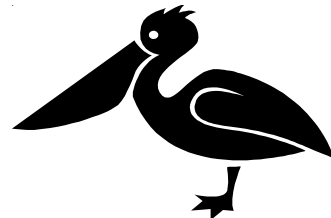
2-4pm, Sat., Jan. 7, 14, 21

Witness miraculous winged-wonders migrating along the Pacific Flyway. On these two-mile walks, discover why thousands of shorebirds and waterfowl over-winter on San Francisco Bay. Heavy rain cancels.

Jan. 7 – San Francisco Bay Trail – Landfill Loop in Richmond

Jan. 14 – Point Isabel Regional Shoreline – Rydin Rd.

Jan. 21 – Miller/Knox Regional Shoreline



STOP, LOOK, LICHEN!

Morgan Rani Evans

2-3:30pm, Sun., Jan. 8

Freddy Fungus and Alice Algae took a "lichen" to one another! Come learn about these unique composite organisms and their ecological importance. 8+yrs

TILDEN MINI-RANGERS 📄

Course #28109

James Wilson

3:30-5:30pm, Thu., Jan. 12

Do you like hiking, conservation, and nature-based activities? This after-school program is for you! It's designed for kids 8-13 years old, unaccompanied by parents. Dress to ramble and get dirty; bring a snack.

Reg. required: 1-888-EBPARKS or 📄

Fee: \$6 (non-res. \$8)

TILDEN MINI FARMERS ☞

Course #28111

James Wilson

3-5pm, Fri., Jan. 13

Join an after-school Farm adventure for 5-7 year olds, who may be accompanied by an adult. No younger siblings please.

Reg. required: 1-888-EBPARKS or ☞

Fee: \$6 (non-res. \$8)

NEW YEAR'S NATURE WALKS

Trail Gail

10am-12:30pm, Sun., Jan. 15, 29

Celebrate that New Year's resolution to get out and enjoy the Regional Parks! Get some fresh air and exercise and learn about some new parks. Walks go rain or shine, but mud may shorten, bring water and a snack to share.

Jan. 15 – Crockett Hills

Jan. 29 – Tilden Nature Area



DOCENT TRAINING: TILDEN NATURE AREA

James Wilson & Interpretive Staff

10am-1pm, Thu., Jan. 19, 26; Feb. 2, 9, 16, 23

Are you looking for a way to give back to the community while having fun? Do you enjoy nature, animals, and children? Come learn to be a docent and assist naturalists in providing interpretive programs at the Little Farm, Nature Area, and beyond. 18+ yrs.

For an application, or for more information, call 510-544-3265.

Application deadline January 6th

Fee: \$35 (Application required)

ANNUAL NEWT HIKE

Tilden Regional Park – Steam Trains

Overflow Parking Lot

James Wilson

1:30-4pm, Sun., Jan. 22

Learn about the amazing migration of our park's newts. From high forests to low creeks, we'll follow their impressive journey. Hike begins at the Steam Trains Overflow Parking Lot. 9+ years



STRIKE A NATURAL POSE

Morgan Rani Evans & Gail Broesder

2-3pm, Sun., Jan. 29

Children, with their inherent flexibility and sense of balance, are natural Yogis! Come explore yoga poses inspired by nature and we'll also make up some of our own.

THE-OVER-THE-HILLS-GANG!

Briones – Briones Road Staging Area

Dave Zuckermann

10am-12:30pm, Tue., Jan. 31

Hikers 55 years and older interested in nature study, history, fitness, and fun are invited to join this series of monthly excursions exploring the Regional Parks. We'll visit the lagoons at Briones (from Briones Rd. staging area).

East Bay 
Regional Park District
TILDEN NATURE AREA
BERKELEY, CA 94708-2396
(510) 544-2233

E-mail: tnarea@ebparks.org

Visit us on the web and register online for some programs at www.ebparks.org