

## NATURALIST PROGRAMS

All programs are held at this Visitor Center unless otherwise noted.  
Crab Cove Visitor Center is open Wednesday-Sunday from 10:00am-5:00pm

### CATCH OF THE DAY ☿

Saturdays & Sundays, 2-3pm  
Interpretive Staff

Winter beaches are full of interesting items washed in by storms. Drop by to explore, enjoy the aquariums and Cove, and have a new adventure every week. Come often!  
For more information, call: (510) 544-3187.



### BIRDING ON THE BAY ☿

Middle Harbor Shoreline Park  
Tara Reinertson, Naturalist

Saturday, November 7 and 21, 9am-10:30am  
The San Francisco Bay is full of migrating birds in the winter! Join a naturalist and other bird enthusiasts and find out what birds are showing up and passing through. Rain cancels. Meeting spot at Point Arnold. For more information, call: (510) 272-4802. (Age: Adult)

### OIL SPILL ACTIVITY ☿

Middle Harbor Shoreline Park  
Saturday, November 7, 1-3pm  
Tara Reinertson, Naturalist

Today marks the two year anniversary of the Cosco Buscan oil spill in San Francisco Bay. Participate in a mock cleanup using a model and find out the effects of bunker oil on shorebirds and wildlife. Meet at the beach. For more information, call: (510) 272-4802. (Age: 5yrs +, Family)



### CRAB COVE WEEKDAY FUN! ☿

Join us for programs designed for you and your children. We'll play games, explore nature, sing songs, and do a craft related to the day's theme!

Reg. Required: 1-888-EBPARKS (1-888-327-2757, option 2, then 3)

#### SEA SIBLINGS

Tuesday, November 10, 9:30am-10:30am -  
#22787

Tuesday, November 17, 9:30am-10:30am -  
#22792

Spend an hour with your preschooler and their younger sibling for an introduction to outdoor fun.

November 10: Crazy Looking Animals

November 17: Sense of Touch!

Fee: \$4 (res or non-res.)

#### SEA SQUIRTS

Tuesday, November 10, 11am-12:30pm -  
#22779

Tuesday, November 17, 11am-12:30pm -  
#22778

Share a morning of shoreline fun with your pre-school age child. Snack included. (3-5 years)

November 10: Crazy Looking Animals

November 17: Sense of Touch!

Fee: \$6 (\$8 non-res.)

#### ESTUARY EXPLORERS

Tuesday, November 10, 3:30-5pm - #22799

Tuesday, November 17, 3:30-5pm - #22800

School-age children like exploring nature, playing outdoors, and learning more independently – no parents required. Join us for this afterschool program! Snack included. (6-8 years)

November 10: Crazy Looking Animals

November 17: Sense of Touch

Fee: \$6 (\$8 non-res.)

calendar of events

## SUNDAY STROLLS

Various Ridgeland Parks  
Sundays in November  
10am-Noon

Sara Fetterly, Naturalist

Wake up and walk into nature. Each week we will explore a different ridgeline park and the natural wonders within. Hikes range from 1 - 4 miles. Great for families. Dogs welcome. See website for directions.

For more information, call: (510) 544-3182.

## November 8- MLK Shoreline

(Arrowhead Marsh Staging Area) Learn the history of the Oakland waterfront as we wander this beautiful marsh and explore the wonders within. 2.5 miles on a paved path. \*Dogs must be on a leash at all times for this trail.

## November 15 – Crab Cove

(Meet at the Crab Cove Visitor Center) Search for shorebirds as we walk the beautiful Alameda Shoreline from Crab Cove to Elsie Roemer Bird Sanctuary and back. Approximately 4 easy miles.

## November 22 – Redwood Park

(Big Bear Gate Staging Area) Join us in scenic Redwood Park for the moderate 2.4 mile Golden Spike/ Tate/ Toyon Trail loop.

## November 29 – Lake Temescal

(Broadway Terrace Staging Area) Join us for an easy 1 mile walk around the lake as we learn the history and geology of one of the first East Bay Regional Parks. Dogs must be on a leash.

## FALL FOLLIAGE FOREVER

Sunday, November 8 and 22, 1-2pm

Sara Fetterly, Naturalist

Rainbow colored leaves are falling. Join us for a hike around the park to identify the leaves and collect some beautiful specimens to decorate your home for the holidays.

For more information, call: (510) 544-3182.



## CRABBY CREATIONS &

Middle Harbor Shoreline Park

Saturday, November 12, 11am-12:30pm

Tara Reinertson, Naturalist

Let's go exploring! We'll find some crabs, take a turn holding them and then we'll get busy with a fun creative art project for you to take home! For more information, call: (510) 272-4802. (Age: 4yrs+, Family)

## ART ON THE EDGE &

Middle Harbor Shoreline Park

Saturday, November 14, 11am-1pm

Tara Reinertson, Naturalist

Let's get creative with art materials the earth provides. We will experiment using different materials, including mud, to create landscape paintings! Materials provided. Bring art supplies if you have them. Meet at the beach. (Age: 8yrs+) For more information, call: (510) 272-4802.

## DUNE RESTORATION &

Middle Harbor Shoreline Park

Saturday, November 14, 2-4pm

Tara Reinertson, Naturalist

Have some fun while helping remove invasive species! Learn about the unique native dune plants that live on the edge of the Bay. Gloves and snacks provided. Meet at the beach. (Age: 5yrs+, Family) For information, call: (510) 272-4802.



## NATIVE PLANT GARDENING AT CRAB COVE

Sunday, November 15, 1-4pm

Charnofsky/Fetterly, Naturalist

Beautify Crab Cove with an afternoon of pruning, "preening" and planting around the visitor center, helping to convert our landscape into a bay/wildlife friendly, garden-filled with California native plants. Snacks and refreshments served, tools provided. Constant rain cancels. Reg. Required: 1-888-EBPARKS (1-888-327-2757), choose Option 2, then Option 3.

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### MEET YOUR WILD NEIGHBORS! 🦋

Saturday, November 21, 10-11:30am  
Sharol Nelson-Embry, Supervising Naturalist  
Shorebirds, geese, and ducks – oh my! Search shoreline and ponds to spy upon wildlife large and small and find out what they're up to these mornings. Binoculars available to borrow.

For more information, call: (510) 544-3187.



### BIRD ART 🦋

Middle Harbor Shoreline Park  
Saturday, November 21, Noon-2pm  
Tara Reinertson, Naturalist

Create some fun art projects such as a bird mask and a bird mobile and learn about some of the wonderful birds that call San Francisco Bay their home. Materials provided. Meet at the beach. (Age: 5yrs+, Family) For more information, call: (510) 272-4802.

### WHAT NOT TO WEAR FOR FALL

Sunday, November 29, 1-2pm  
Sara Fetterly, Naturalist

Explore the fashions of our furred and feathered friends. Using pictures and pelts we will examine how animal outfits change with the changing seasons.

For more information, call: (510) 544-3182.



## Birthday Party

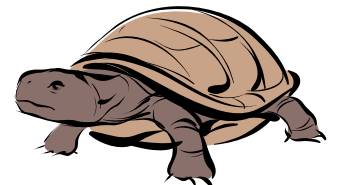
Come celebrate your child's birthday at Crab Cove Visitor Center! We offer two themes to choose from: **Bay Critters or Reptiles**. Your nature-themed party will include:

- ◆ Guided outdoor activities
- ◆ Program in our Old Wharf Classroom
- ◆ Nature craft to make and take home
- ◆ Party favor bags

For children ages 3-12 years old.

Fee: \$75 for up to 10 children, then \$5.00 per additional child up to 15 children maximum. Offered on selected weekends only.

For more information and reservations, call: (510) 544-3187.



## CALLING ALL TEACHERS

The interpretive staff offers unique, hands-on field programs to help you achieve the California State Content Standards. Available programs include marine science programs at Crab Cove & Middle Harbor, forest programs at Redwood and Roberts Park (in partnership with the Chabot Space and Science Center) and lake programs at Lake Chabot and Temescal. For more information, please call or e-mail the visitor center and request our school program flyer and program application form along with our Program-State Science Standards correlation sheet. Or, visit us on the web to submit an application online. If you missed our Fall program deadline, call about other field trip options: (510) 544-3187.

**DEADLINE FOR APPLICATIONS: Monday, December 7, 2009 by 5:00pm.**  
(for programs February - June 15, 2010)

- See: [www.ebparks.org/activities/educators](http://www.ebparks.org/activities/educators)



Crab Cove: Adventures by the Bay since 1980

## CRAB COVE'S FEATURED PROGRAMS & EVENTS

**Fall Foliage Forever** - Sunday, November 8, 22, 1-2pm

**Native Plant Gardening** - Sunday, November 15, 1-4pm

**Meet Your Wild Neighbors** - Saturday, November 21, 10-11:30am

**Sea Siblings and Sea Squirts pre-school programs (3-5 yrs)**, Tuesday mornings

**Estuary Explorers (6-8 yrs)**, Tuesday afternoons

**Weekend Nature Parties at Crab Cove are now available!**

See inside for details and more programs!



Accommodation will be made for visitors with disabilities with advance notice.

For assistance, please call (510) 544-3187 or e-mail [ccove@ebparks.org](mailto:ccove@ebparks.org).

Register online for classes: [www.ebparks.org](http://www.ebparks.org).

calendar of events