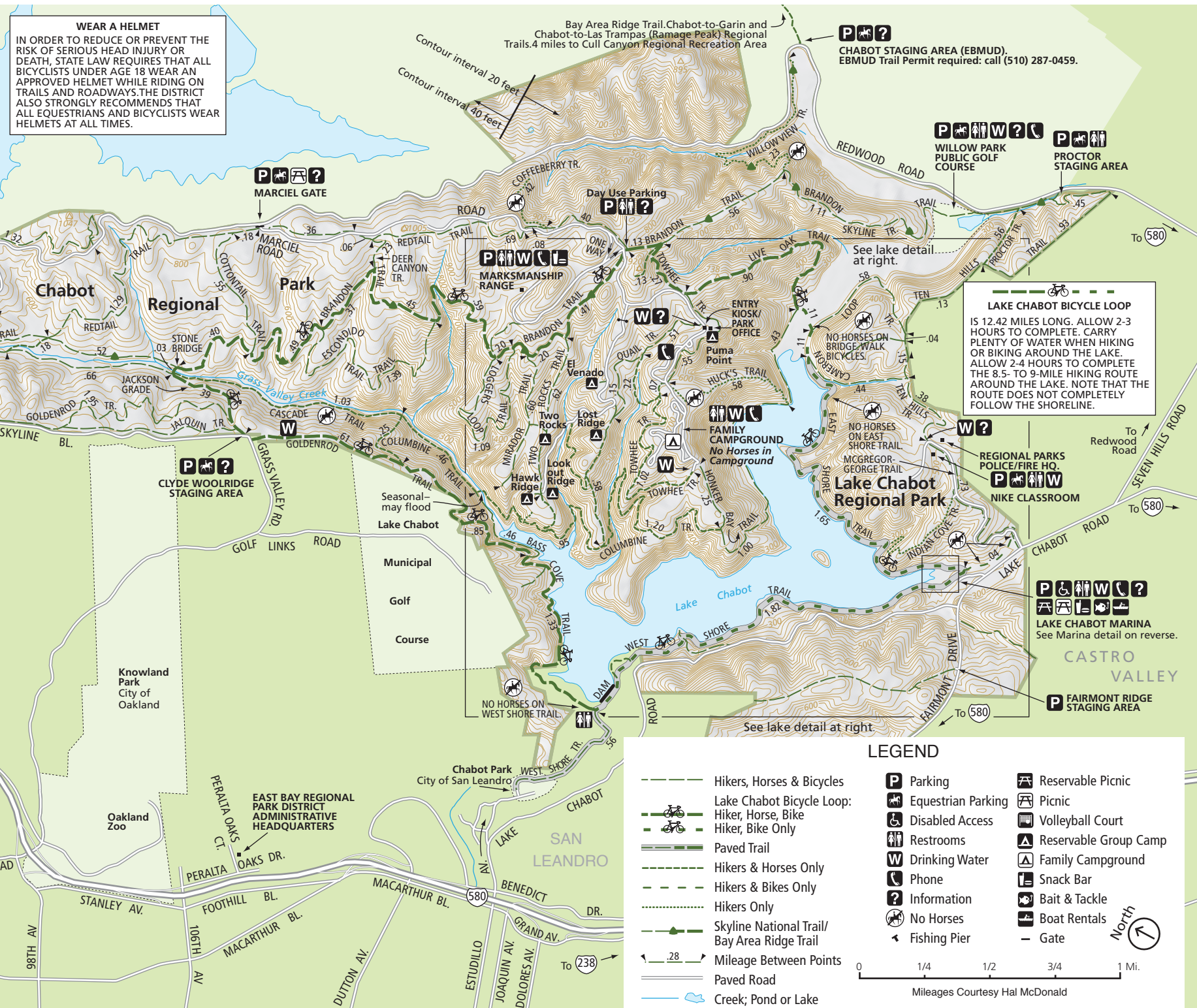


WEAR A HELMET

IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.



CHABOT STAGING AREA (EBMUD).
EBMUD Trail Permit required: call (510) 287-0459.



WILLOW PARK PUBLIC GOLF COURSE



PROCTOR STAGING AREA

LAKE CHABOT BICYCLE LOOP
IS 12.42 MILES LONG. ALLOW 2-3 HOURS TO COMPLETE. CARRY PLENTY OF WATER WHEN HIKING OR BIKING AROUND THE LAKE. ALLOW 2-4 HOURS TO COMPLETE THE 8.5- TO 9-MILE HIKING ROUTE AROUND THE LAKE. NOTE THAT THE ROUTE DOES NOT COMPLETELY FOLLOW THE SHORELINE.

REGIONAL PARKS POLICE/FIRE HQ.
NIKE CLASSROOM

LAKE CHABOT MARINA
See Marina detail on reverse.

CASTRO VALLEY

FAIRMONT RIDGE STAGING AREA

LEGEND

- Hikers, Horses & Bicycles
- Lake Chabot Bicycle Loop:
- Hiker, Horse, Bike
- Hiker, Bike Only
- Paved Trail
- Hikers & Horses Only
- Hikers & Bikes Only
- Hikers Only
- Skyline National Trail/ Bay Area Ridge Trail
- Mileage Between Points
- Paved Road
- Creek; Pond or Lake
- P** Parking
- E** Equestrian Parking
- W** Disabled Access
- R** Restrooms
- W** Drinking Water
- ☎** Phone
- ?** Information
- 🐾** No Horses
- 🎣** Fishing Pier
- 🏠** Reservable Picnic
- 🏠** Picnic
- 🏐** Volleyball Court
- 🏠** Reservable Group Camp
- 🏠** Family Campground
- 🍷** Snack Bar
- 🐟** Bait & Tackle
- 🚤** Boat Rentals
- Gate

