Relax in a Grove

Fauna include the California newt, ringneck snake, mule deer, western fence lizard, and a variety of birds including the red-shouldered, red-tailed, and Cooper’s hawks, northern flicker, orange-crowned warbler, and Anna’s hummingbird, among other species.

HISTORY
Kennedy Grove Regional Recreation Area was dedicated on October 22, 1967, to honor the late President John F. Kennedy. Long before Kennedy Grove became a park it was the site of ranchos, wheat fields, and railroad stations. Kennedy Grove was once a portion of the 17,754-acre Rancho San Pablo. Francisco Castro took possession of the rancho in 1823. Later the grove was the site of the Clancy Ranch. In 1849 Cisco Castro took possession of the rancho in 1823. In 1886 the California and Nevada Railroad ran through the center of Kennedy Grove. In 1886 the California and Nevada Railroad ran through El Sobrante, Orinda.

THE PARKLAND
The trimmed lawns, picnic areas, and shady groves here are ideal for formal and informal gatherings, from company picnics to family reunions. The centrally located, 20-acre turf meadow provides room to toss a frisbee, pass a football, or set up an informal softball game. (Hardball is not permitted.) Volleyball and horseshoes are popular with all ages, and equipment may be rented for a minimal fee.

The park’s northern section provides public access to the Bay Area Ridge Trail between Kennedy Grove and Tilden Regional Park. The 119-acre Radach Hill northern section is a mosaic of open grassland, shrub land, and oak woodland vegetation, providing open space and hiking opportunities. The flora includes a mixture of native trees and shrubs, native and non-native annual and perennial herbaceous plants, and a small stand of eucalyptus. Oak/bay woodland is the most prevalent plant community, with coast live oak and California bay laurel being the dominant trees.

HIGHLIGHTS
Hiking, biking, horseback riding, numerous picnic areas (many reservable), large lawn, volleyball, horseshoes, play area for children, Fern Cottage.

Did you know? The Frenchman’s Curve and Clancy’s Place picnic areas are named after stations of the 19th-century California and Nevada Railroad.

WELCOME!
Please enjoy the Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

SAFETY and ETIQUETTE
• Stay on trails. Taking shortcuts can be dangerous and causes erosion.
• Wading and/or swimming in undesignated areas may be dangerous and may harm the watershed.
• Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
• Be prepared for sudden changes in weather conditions.
• Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
• Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
• Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.
• Keep the parks beautiful. Pack out what you pack in.

RULES
Dogs must be leashed 200 feet from any trail or park entrance. Dogs must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times.

Visitors are responsible for knowing and complying with park rules (Ordinance 38), available online at www.ebparks.org/ord38.

To Reach Kennedy Grove:
From the Richmond area take I-80 to the San Pablo Dam Road exit. Turn south on San Pablo Dam Road and proceed through El Sobrante to the Kennedy Grove entrance on the left, about one-quarter mile south of Castro Ranch Road.

From the Oakland/Orinda/Walnut Creek area take Highway 24 to the Orinda exit and turn north on Camino Pablo, which becomes San Pablo Dam Road. Drive past the San Pablo Dam Recreation Area entrance about one mile to the Kennedy Grove park entrance on the right.

If you would like this information in an alternative format, please contact the EBRPD Public Affairs Department at (510) 544-2200, fax (510) 635-3178, TDD (510) 633-0460, or info@ebparks.org.