

Iron Horse Regional Trail— Treat Bl., Concord, to Stone Valley Road, Alamo

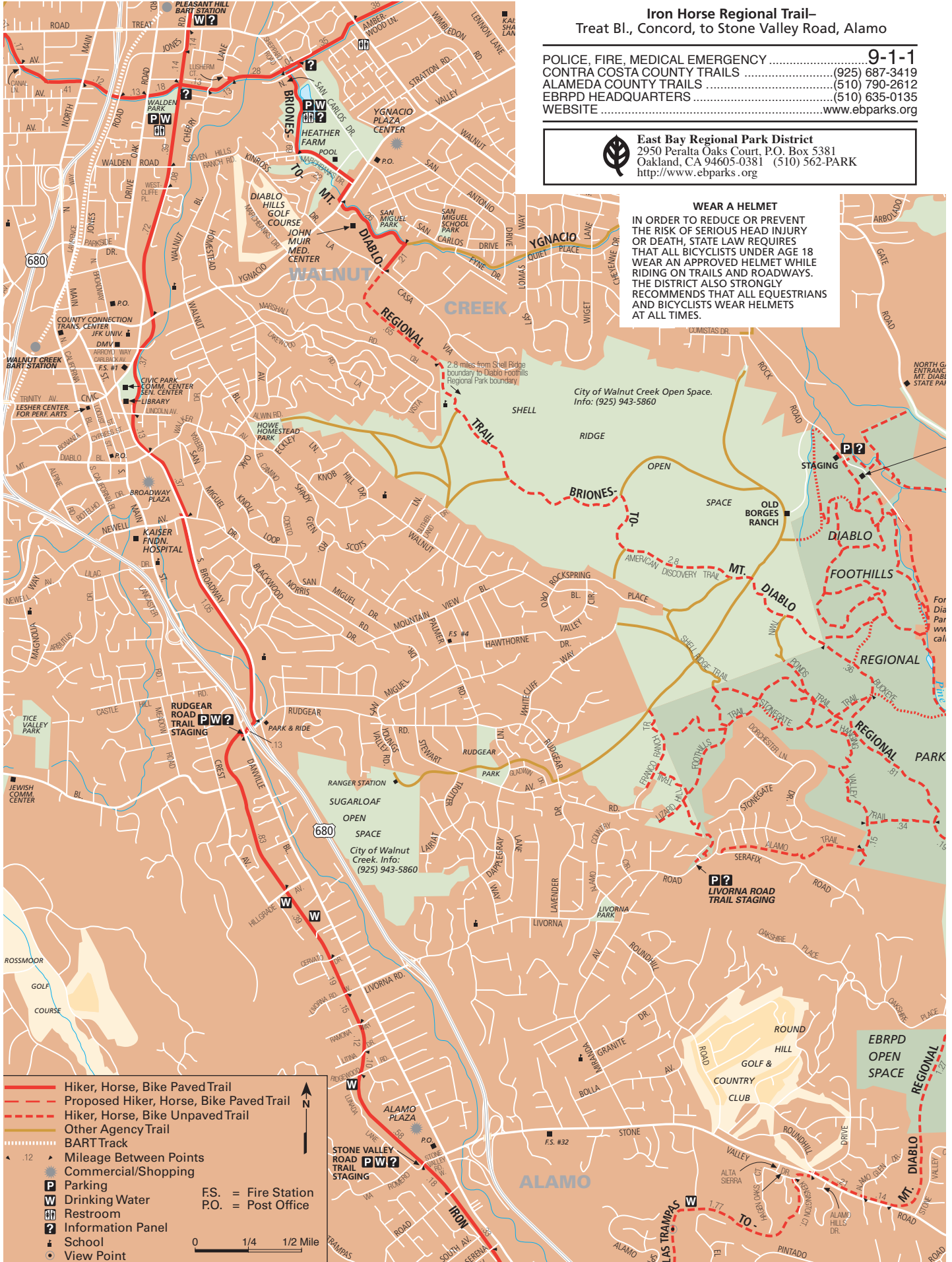
POLICE, FIRE, MEDICAL EMERGENCY **9-1-1**
 CONTRA COSTA COUNTY TRAILS (925) 687-3419
 ALAMEDA COUNTY TRAILS (510) 790-2612
 EBRPD HEADQUARTERS (510) 635-0135
 WEBSITE www.ebparcs.org



East Bay Regional Park District
 2950 Peralta Oaks Court, P.O. Box 5381
 Oakland, CA 94605-0381 (510) 562-PARK
<http://www.ebparcs.org>

WEAR A HELMET

IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.



	Hiker, Horse, Bike Paved Trail
	Proposed Hiker, Horse, Bike Paved Trail
	Hiker, Horse, Bike Unpaved Trail
	Other Agency Trail
	BART Track
	Mileage Between Points
	Commercial/Shopping
	Parking
	Drinking Water
	Restroom
	Information Panel
	School
	View Point

	FS. = Fire Station
	P.O. = Post Office

0 1/4 1/2 Mile