WELCOME!

Please enjoy the Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations. Visitors are responsible for knowing and complying with park rules (Ordinance 38), online at www ebparks org/or38

SAFETY and ETIQUETTE

• Stay on trails. Taking shortcuts can be dangerous and causes erosion.
• Wading and/or swimming in undesignated areas may be dangerous and may harm the watershed.
• Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
• Be prepared for sudden changes in weather conditions.
• trails can be slippery, rocky and steep. Proceed carefully at your own risk.
• Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
• Bicycles may be ridden on designated trails and fire roads. Please observe trail etiquette, with horses, then hikers, having the right-of-way. Equestrians should let other trail users know how to safely pass horses.
• Keep the parks beautiful. Pack out what you pack in.

RULES

Dogs must be leashed 200 feet any trail or park entrance, and at all times in developed areas and in posted areas of the park. Dog walkers are required to clean up after their dogs and remove dog waste bags from the trails. Dogs must be under voice control at all times. Dogs are not permitted at the Botanic Garden and the Little Farm/Environmental Education Center in Tilden Regional Park.

Most trails are equipped with unlocked gates allowing access across fence lines. Ask rangers for current information.

Camping is allowed in designated areas with a permit. Call 888-327-2757, option 2, for reservations and permits.

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Keep the parks beautiful. Pack out what you pack in.

LEGEND

Hikers, Horses & Bicycles, Paved
Hikers, Horses & Bicycles, Unpaved
Hikers & Horses
Hikers Only

Seasonal Stream
Seasonal Pond
Parking
Information
Telephone
Drinking Water

Contour Interval 20 feet

IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

EBMUD Hiking Permit required: 510-287-0459. 0.75 miles to San Pablo Dam Road and San Pablo Reservoir.