WELCOME!

Please enjoy the Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

SAFETY and ETIQUETTE

• Stay on trails. Taking shortcuts can be dangerous and causes erosion.
• Wading and/or swimming in undeveloped areas may be dangerous and may harm the watershed.
• Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
• Be prepared for sudden changes in weather conditions.
• Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
• Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
• Horses may be ridden on designated trails and fire roads. Please observe trail etiquette, with horses, then hikers, having the right-of-way. Equestrians should let other trail users know how to safely pass horses.
• Keep the parks beautiful. Pack out what you pack in.

RULES

Dogs must be leashed 200 feet from any trail or park entrance, and at all times in developed areas and in posted areas of the park. Dog walkers are required to clean up after their dogs and remove dog waste bags from the trails. Dogs must be under voice control at all times. Dogs are not permitted at the Botanic Garden and the Leslie Farm/Environmental Education Center in Tilden Regional Park.
• State law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. All bicyclists and equestrians are strongly encouraged to wear helmets at all times.
• Bicycles may be ridden on designated trails. Please observe trail etiquette, with horses, then hikers, having the right-of-way. Equestrians should let other trail users know how to safely pass horses.
• Equestrians are strongly encouraged to wear helmets at all times. Equestrians should let other trail users know how to safely pass horses.
• Keep the parks beautiful. Pack out what you pack in.

Visitors are responsible for knowing and complying with park rules. See www ebparks org rules. Livingston Regional Park.

EBMUD Hiking Permit required: 510-287-0459.