IN ORDER TO REDUCE OR PREVENT THE RISK OF ATERSHED POLICE, FIRE, MEDICAL EMERGENCY, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS.

THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

POLICE, FIRE, MEDICAL EMERGENCY OR TILDEN NATURE AREA EXCEPT IN INDIAN CAMP PICNIC AREA.

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TO SAN PABLO DAM ROAD/ CAMINO PABLO, HWY. 24, EL SOBRANTE, ORINDA VILLAGE.

Laurel Creek Trail

BAY AREA RIDGE TRAIL

EAST BAY SKYLINE NATIONAL TRAIL

WILD WILD WILD CAT CAT CAT SMALL MOUNTAIN MOUNTAIN MOUNTAIN PARK PARK PARK

SEPARATE MAP AVAILABLE OF TILDEN NATURE AREA.

Tilden’s Herschell-Spillman Merry-Go-Round is an antique carousel with calliope-style music and hand-carved and beautifully painted wooden carousel animals.