



IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS. ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

MEMBERSHIPS
 The Regional Parks Foundation offers Memberships to park users. For information, see www.regionalparksfoundation.org, or call (510) 544-2220.

LEGEND

- Swim Beach
- Telephone
- Restroom
- Drinking Water
- Footbridge
- Gate; Do Not Trespass
- Hiker, Equestrian, Bicycle Trail
- Hiker, Equestrian Trail

North

Rev. 10/13

0 1/4 1/2 Mile

WELCOME!

Please enjoy our Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

SAFETY and ETIQUETTE

- Stay on trails. Taking shortcuts can be dangerous and causes erosion.
- Wading and/or swimming in undesignated areas may be dangerous and may harm the watershed.
- Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
- Be prepared for sudden changes in weather conditions.
- Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
- Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
- Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.
- Keep the parks beautiful. Pack out what you pack in.

RULES

Pets must be leashed 200 feet from any trail or park entrance. Pets must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times.

Visitors are responsible for knowing and complying with park rules (Ordinance 38), available online at <http://www.ebparks.org/activities/ord38>.