

An Oasis in Antioch

Year opened: 1968 **Acres:** 779
Highlights: Swimming, boating (no gasoline engines), fishing, numerous picnic areas (many reservable), lawn areas, hiking, biking, and horseback riding, access to the 15+-mile-long Delta de Anza Trail, which extends from Oakley to Concord.
Did you know? Contra Loma was first opened on an emergency basis to help alleviate social unrest in the 60s.

HISTORY Native American peoples occupied the land around Contra Loma for thousands of years prior to European settlement. They hunted the wildlife and gathered native plants. Grizzly and brown bears, mountain lions, elk, antelope, and wolves once roamed these hills.

With the arrival of the Spanish and subsequent settlement came large herds of cattle, and the land has been used largely for grazing since that time. Discovery of coal in the 1860s, just two miles south near what is now Black Diamond Mines Regional Preserve, brought settlements of miners and their families. It was a short boom lasting only a few decades.

Today Contra Loma and Black Diamond share a common park boundary connecting hiking and riding trails. While the grizzlies and wolves are long gone, the parklands are now free range for wild creatures.

SAVING PICNIC TABLES
 Multiple first-come, first-served tables cannot be saved by a single person. One person is required per table to save non-reservable picnic tables.

ALCOHOL IS NOT PERMITTED ANYWHERE IN THE PARK

FEES
 There is a fee for parking, dogs, swimming, boat inspection and launching, windsurfing, and fishing permits. Call the park for information.

POLICE, FIRE, MEDICAL EMERGENCY 9-1-1
EBRPD HEADQUARTERS 1-888-327-2757
PICNIC RESERVATIONS 1-888-327-2757, option 2
PARK OFFICE 1-888-327-2757, option 3, ext. 4518
WEB SITE www.ebparcs.org
TRS RELAY FOR HEARING IMPAIRED 711

Among the animals to be seen are coyotes, grey foxes, jack rabbits, ground squirrels, mule deer, raccoons, and skunks.

The reservoir is the wintering ground for many migratory waterfowl, and mourning doves and quail claim the hills as a permanent home.

By agreement, the waters of Contra Loma's 80-acre reservoir are maintained by the Contra Costa Water District. The surrounding lands, owned by the U.S. Bureau of Reclamation, are managed by the East Bay Regional Park District.

WATERSPORTS AT CONTRA LOMA Year-round fishing, windsurfing, and boating are the special attractions at this Contra Costa County oasis. The reservoir is open throughout the year for all of these activities and more. The swim lagoon, staffed with lifeguards in the summer, has a sandy beach with changing rooms and a refreshment stand. Nearby are shady picnic areas on an expansive green lawn, accessible to the disabled.

The Contra Costa Water District, which owns the reservoir, requires that all windsurfers shower a minimum of two minutes prior to entering the reservoir, and wear at least a short wetsuit. Persons using float tubes must wear waders or other wetsuit material to eliminate body contact with the water in the reservoir.

People using sea kayaks that self bail must shower prior to entering the reservoir and wear at least a short wet suit. Other dry-type kayaks are permissible with the only restriction being no rollovers or other activities that cause body contact with the water.

Visitors may launch their own boats. Private boaters may use electric motors, but not gasoline engines. Maximum allowable boat length is 20 feet. Coast Guard approved personal flotation devices are required for each person.



The hiking trails of Contra Loma extend into the hills of the adjacent Black Diamond Mines Regional Preserve (background).



To Reach Contra Loma:

To reach Contra Loma Regional Park from Highway 4 in Antioch, exit on Lone Tree Way and proceed to Golf Course Road. Turn right on Golf Course Road and right again on Frederickson Lane. Proceed to the park entrance.

Public Transit: Tri Delta Transit #380 (weekdays) and #394 (weekends) operate from Pittsburg/Bay Point BART to James Donlon Blvd. and Contra Loma Blvd. A short walk east on James Donlon Blvd. will bring you to Antioch Community Park and Contra Loma Regional Park. Tri Delta Transit routes are subject to change. Call to confirm schedule: 5-1-1 or (925) 754-4040.

WATERCRAFT INSPECTION:

Watercraft must pass mandatory inspection to prevent the introduction of invasive mussels into local lakes and reservoirs. To pass inspection, watercraft and accessories must be ABSOLUTELY clean and dry.

PLEASE LET US KNOW how this map may be improved to help you use this park. Write, email, or call with your suggestions: 2950 Peralta Oaks Court, Oakland, CA 94605; info@ebparcs.org; (510) 544-2210.



East Bay Regional Park District

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 Oakland, CA 94605-0381
 1-888-327-2757 (1-888-EBPARKS)
www.ebparcs.org Rev. 7/15

Contra Loma Regional Park

Pittsburg, Antioch, Oakley, Brentwood

East Bay Regional Park District

