

Hikes for Tykes



Enjoy some nature before naptime!

1st and 3rd Tuesdays of every month (and 5th when applicable)

10:30-11:45am

September—December 2017 Schedule

East Bay 
Regional Park District

www.ebparks.org



Join East Bay Regional Park District naturalists as they take you over hill and dale to explore the fabulous flora and fauna of the Regional Parks. Tools for exploration will be provided. Hikes average about 1 mile. Bring a snack and water. Strollers are not recommended. Heavy rain cancels. No registration; drop-in. For more information call the Crab Cove Visitor Center at (510) 544-3187. See www.ebparks.org/parks for maps and directions.

Sep 5: Redwood Regional Park (Canyon Meadow) From the biggest tree to the smallest seed we will explore all big and small things. **Canyon Meadow Staging Area Directions:** In Oakland on Highway 13, take the Redwood Road exit and go east (uphill). At the top of the hill, cross Skyline Boulevard and continue on Redwood Road to Redwood Gate. Make a left onto Redwood gate and follow the road all the way to the last parking lot, which is Canyon Meadow Staging Area.

Sep 19: Anthony Chabot (Bort Meadow) Walk down to the meadow learning about the animals with fur and feathers who call this place home. **Bort Meadow Directions:** From Hwy 13, take the Redwood Road exit. Follow Redwood Road all the way up the hill until it intersects with Skyline Blvd. Cross Skyline and continue on Redwood Road several miles to the Bort Meadow Staging area. Vault toilets are located .5 mile roundtrip from the trailhead. Come early if you would like to make a trip to the bathroom. **Redwood Road may still be CLOSED at mile marker 7.38 due to roadway failure from last winter's storms. This blocks access between Castro Valley and the Bort Meadow Staging Area on Redwood Road. You can still access Bort Meadow from the Oakland side of Redwood Road, off Skyline Boulevard.**

Oct 3: Encinal Beach (Alameda) Look for birds, seals and other wildlife at this hidden park along the shore. **Directions from Cities to the North:** Take I-80 West to I-880 South and take the Broadway exit. Turn right at the light onto 5th Street. Stay on 5th Street following the signs to Alameda. Go through the Webster Street Tunnel (Tube) to Alameda. Continue on Webster Street across town. Then see ****below**. **From Cities to the South, take I-880 North:** Exit at Broadway in Oakland. Turn right on Broadway, right on 7th Street, and right on Webster. Go through the Webster Street Tunnel (Tube) to Alameda. Continue on Webster Street across town. Then see ****below**. **From Walnut Creek:** take Highway 24 West to I-980, towards downtown Oakland. Exit at 11th/12th Streets. Continue on Brush Street to 5th Street. Turn left on 5th Street and stay in the left lanes, following the signs to Alameda. Go through the Webster Street Tunnel (Tube) to Alameda. Continue on Webster Street across town. ****From Webster St.:** Turn right on Central Ave., go 0.8 miles (just past Encinal High School) and take a sharp left onto the access road to Encinal Beach. Look for "Bay Trail" signs on the fence.

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Oct 17: Lake Temescal (North Entrance) Learn what's happening lakeside, including a search for the elusive otters! **North Entrance Directions: From Hwy 13 (northbound):** Take Hwy 13 North to Highway 24 east (Walnut Creek). Exit Hwy 24 at Old Tunnel Road, and turn right at the exit onto Broadway. Proceed west to the north end parking lot entrance on the left. Parking fees may apply. **From Hwy 24 (eastbound):** Exit Hwy 24 at Old Tunnel Road, and turn right at the exit onto Broadway. Proceed west to the north end parking lot entrance on the left. Parking fees may apply.

Oct 31: Martin Luther King Jr. Regional Shoreline (Arrowhead Marsh) We'll see what's spooky along the shore on this Halloween hike! Feel free to wear your costume! **Arrowhead Marsh Directions:** From I-880 in Oakland, exit at Hegenberger Road and head west. Turn right onto Doolittle Drive, and right again onto Swan Way. Make an immediate left into the park entrance and follow the road all the way to the end.

Nov 7: Leona Canyon Regional Preserve (Canyon Oaks Staging Area) Explore up a stream-carved canyon with beautiful forest and lots of birds. No bathrooms at the park! **Canyon Oaks Directions:** From Hwy 580, take the Keller Ave exit. Go east on Keller, then left on Campus Drive. Turn right on Canyon Oaks drive and proceed through the condo parking lot to the trailhead. There is no park sign on Canyon Oaks Drive.

Nov 21: Redwood Regional Park (Canyon Meadow Staging Area) Ladybug ladybug where do you go...in the cold months? We will search and hopefully find them by the hundreds. **Canyon Meadow Staging Area Directions:** In Oakland on Highway 13, take the Redwood Road exit and go east (uphill). At the top of the hill, cross Skyline Boulevard and continue on Redwood Road to Redwood Gate. Make a left onto Redwood gate and follow the road all the way to the last parking lot, which is Canyon Meadow Staging Area.

Dec 5: Lake Chabot Regional Park (Marina) Discover the fin-tastic wonders of this lake. **Marina Entrance Directions from southbound I-580 in San Leandro:** Take 580 south and exit at 150th/Fairmont Drive. Turn left onto Fairmont and follow Fairmont up the hill and down the other side. The marina entrance will be to the left at the bottom of the hill. **Directions from westbound I-580 in Castro Valley:** Take the Strobridge Avenue exit. Turn right on Strobridge, right on Castro Valley Boulevard, and left on Lake Chabot Road. Follow Lake Chabot Road about 2 miles until you see the Lake Chabot Marina park entrance on the right. **PARKING FEES APPLY.**

Dec 19: Roberts Regional Recreation Area (Main Area Parking Lot) Bundle up for this winter wander among the redwoods. **Main Entrance Directions:** From Highway 13, take the Redwood Road exit and go east (uphill). At the top of the hill turn left onto Skyline Boulevard. Continue on until a stoplight and make a right to stay on Skyline (otherwise the roadway becomes Joaquin Miller Road and you will proceed downhill). A few miles farther on Skyline you will reach Roberts Regional Recreation Area on the right. **PARKING FEES APPLY.**