

# COYOTE HILLS NATURALIST PROGRAMS OCTOBER 2017

East Bay   
Regional Park District  
www.ebparks.org

All programs meet at this Visitor Center unless otherwise noted.



## **GATHERING OF OHLONE PEOPLES** ① & ♿

10am-4pm, Sunday, October 1

Ohlones from several tribes will share their culture, including music, song, dance, and stories.

They'll discuss contemporary cultural involvements, and demonstrate basket, jewelry, soaproot brush, and dogbane string making. Visit a more than two-thousand-year-old village site, play an Ohlone game, try making fire without matches, or make a miniature tule boat. Taste native plant teas, manzanita cider and, in the afternoon, acorn soup cooked with heated stones in a basket.



## **Coyote Hills Visitor Center**

Nestled between vibrant marshland and rolling bay shore grassland, the Visitor Center tells stories of interdependence between people and place.

Open Wednesday-Sunday  
from 10am-4pm

Accommodation will be made for visitors with disabilities upon advance request.

## **DISCOVERY DAYS** ♿ ①

10:30am-3:30pm, Every Saturday & Sunday

Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy. Come at 10:30am for a presentation introducing the topic of the week, or participate at your own pace throughout the day.

## **BIRD WALK** ①

10am-noon, Saturday, October 7

The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat. 8+yrs.

## **VARGAS PLATEAU HIKE**

10am-2:30pm, Sunday, October 8

Vargas Plateau Staging Area

Experience the panoramic views of a park that rises steeply over the bay plain. The plateau offers beautiful rolling hills, wooded canyons and a diverse array of wildlife habitats. Join us on a hike through unique topography and cultural history of the past.

9+yrs.

## **CONNECTING TO OUR ROOTS** ①

1-2pm, Saturday, October 14

Get to know some of the plants native peoples used – and still use – as medicine and food. We'll explore the characteristics and uses of each. 5+yrs

## **Program Key**

- ① Parking fee may apply
- ♿ Wheelchair accessible
- 📄 Online registration  
[ebparksonline.com](http://ebparksonline.com)

(non-res.) Residents outside of Alameda & Contra Costa counties

## **Contact Us**

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Fremont, CA 94555

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**E-mail:** [chvisit@ebparks.org](mailto:chvisit@ebparks.org)

**Healthy Parks**   
*Healthy People*

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## SKILLS OF THE PAST: ACORN SOUP

Dairy Glen campground  
10am-3pm, Sunday, October 15  
Course #18244

Dino Labiste, Naturalist

Acorns were, and still are, a nutritious food of California Native Americans. Watch and participate in the techniques of acorn processing. Stone tools, as well as modern tools, will be used to shell, pound, leach and cook the acorns into a meal.

Registration Required: 1-888-327-2757. Fee: \$5 (non-res: \$7)



## WEEKDAY BIRD WALK

Alameda Creek Trail, Niles Staging Area  
7:30-9:30am, Tuesday, October 17

Kristina Parkison, Naturalist

Share your enthusiasm for bird life on a tranquil walk through various Bay Area parklands! All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes.

12+yrs.

## OHLONE VILLAGE SITE TOUR

1:30-3:30pm Saturday, October 21

Walk one-half mile through vibrant marsh habitat to a more than 2,000-year-old Ohlone village site. Learn about Ohlone cultures, past to present. Tour a reconstructed shade structure, pit house and sweat house. Meet at the Visitor Center.



## SKILLS OF THE PAST: FIRE MAKING

9:30am-12:30pm, Sunday, October 22

Course #18247

Dino Labiste, Naturalist

Ever wondered how fire was created before matches or a lighter? Unravel the secrets of fire-by-friction, fire-by-percussion and fire-by-compression. Discover the techniques required to produce a glowing ember as we practice our fire making skills through hands-on activities.

16+yrs.

Registration Required: 1-888-327-2757

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## SKILLS OF THE PAST: CORDAGE MAKING

2-4:30pm, Sunday, October 22  
Course #18753

Dino Labiste, Naturalist

The ability to twist, twine or braid fibers into cordage allowed indigenous cultures to tie their world together. Learn the various

techniques of gathering, preparation, extracting and plying plant materials to create cordage. Practice the efficient method of leg rolling plant fibers. 9+yrs. Registration Required: 1-888-327-2757

## HALLOWEEN TWILIGHT HIKE

5:30-8:30pm, Saturday, October 28

Dino Labiste, Naturalist

Spend a SPOOKtacular evening as we hike the hills looking for hobgoblins, witches and ghosts during sunset. Find out the ancient origins and modern traditions of Halloween.

Don your costume to seek out wondering souls along the trail. Return for treats and a campfire story. 5+yrs. Parent participation is required



## ALL ABOUT REPTILES

10am-noon, Sunday, October 29

Interpretive Staff

What is covered with scales and lay tough, leathery eggs? Meet a reptile at our Visitor Center and find more on the trails.

## COYOTE CUBS: Creepy Crawly Creatures

10:30-11:30am, Monday, October 30

Interpretive Staff

Get your preschooler out and into nature! We'll play games, explore the park, and do a craft related to the theme of the day. (Wear your costume today – please no Indian costumes)

Parent/Caregiver participation required. 3-5 years old.



Celebrate your child's birthday at Coyote Hills! We offer two themes: **Butterflies & Garden Critters** or **Reptiles**.

Your themed party will include:

- ◆ Classroom Indoor Activity
- ◆ Nature Game and/or Guided Outdoor Exploration
- ◆ Craft to make and take home
- ◆ Party Favor Bags

For kids ages 3-12 years.

Fee: \$75 for up to 10 children, then \$5.00 per additional child up to 15 children maximum. Offered on selected weekends only.

For more info and reservations call (510) 544-3210

## PROGRAMS FOR SCHOOLS

For information on our school programs, please visit us online through [ebparks.org](http://ebparks.org), or e-mail us at [chvis-it@ebparks.org](mailto:chvis-it@ebparks.org).

Parents/Guardians: Help us spread the word by sharing this information with your child's teacher.

Healthy Parks   
Healthy People