

# COYOTE HILLS NATURALIST PROGRAMS FEBRUARY 2018

East Bay   
Regional Park District  
www.ebparks.org

All programs meet at this Visitor Center unless otherwise noted.

## DISCOVERY DAYS

10:30am-3:30pm, Every Saturday & Sunday

Enhance your park adventure with hands-on exploration or crafts the whole family will enjoy. Come at 10:30am for a presentation introducing the topic of the week, or participate at your own pace throughout the day.

## BIRD WALK

Alameda Creek, Niles Staging Area

8-10am, Saturday, February 3

Kristina Parkison, Naturalist

The Bay Area bursts with bird life! New and experienced birders alike join us as we discover patterns of behavior, migration, and habitat. 8+yrs



## CART OF CURIOSITIES

10-noon, Sunday, February 4

9-11am, Saturday, February 24

Kristina Parkison, Naturalist

The Curiosity Cart, filled with wonders of cultural and natural history, is hidden somewhere within the park. Find it and discover the secrets it shares!

## WEEKDAY BIRD WALK

7:30-9:30am, Tuesday, February 6 (Quarry Lakes – Isherwood Staging Area)

7:30-9:30am, Tuesday, February 27 (Garin at the end of Carden Ln., Hayward)

Interpretive Staff

Share your enthusiasm for bird life on a tranquil walk through various Bay Area parklands! All levels of birding experience welcome. Bring water, sunscreen, and binoculars or scopes. 18+yrs.

## CANINE CAPERS – DOG WALK

Sunol Wilderness Regional Park

9-noon, Saturday, February 10

Course #19666

Kristina Parkison, Naturalist

The restorative effect of spending time outdoors with a friend, furry or otherwise, is well-known! Join this monthly adventure to nurture our inner and outer-selves by exploring and learning about the natural world around us as we hike park trails. 8+yrs.

Reg. Required: 1888-327-2757



## Coyote Hills Visitor Center

Nestled between vibrant marshland and rolling bay shore grassland, the Visitor Center tells stories of interdependence between people and place.

**Open Wednesday-Sunday  
from 10am-4pm**

Accommodation will be made for visitors with disabilities upon advance request.




## Contact Us

8000 Patterson Ranch Road,  
Fremont, CA 94555

Phone: (510) 544-3220

E-mail: [chvisit@ebparks.org](mailto:chvisit@ebparks.org)

## Program Key

-  Parking fee may apply
-  Wheelchair accessible
-  Online registration  
[ebparks.com](http://ebparks.com)
- (non-res.) Residents outside Alameda & Contra Costa counties
- HPHP Healthy Parks Healthy People programs offer low impact exercise.

  
**Healthy Parks**  
Healthy People

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## FIG NEWT-ONS <sup>®</sup>

Garin Regional Park  
10-11:30am, Sunday, February 11

Francis Mendoza, Naturalist

Look for the fig tree and amorous newts that inhabit this hidden gem of a park in the Hayward Hills. Heavy rain cancels. Meet at the red barn. 12+yrs

## OHLONE PEOPLE & CULTURE <sup>®</sup> ♿

1:30-3pm, Sunday, February 11 & February 18

Francis Mendoza, Naturalist

Learn about Ohlone people and their intimate relationship with nature, family, and ancestors. We'll discuss the important values of generosity, balance, and resilience that continue to resonate with Ohlone people today. 8+yrs

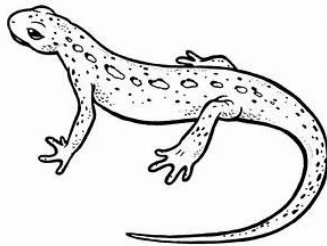


## NATIVE CALIFORNIA PLANT USES

10-11:30am, Sunday, February 18

Francis Mendoza, Naturalist

Go on a short walk to learn how Native Californians use plants for food, medicine, shelter, and tools. We'll visit our native plant gardens and walk out to the freshwater marsh. 15+yrs



## NIFTY NEWTS <sup>®</sup>

Garin Regional Park  
1:30-3pm, Saturday, February 24  
Course #19660

Kristina Parkison, Naturalist

What's poisonous, slimy, but cute as can be and often confused for a reptile when it's not? It's the California newt headed toward a pond near you. Join us for a

chance to find this animal jewel. 5+yrs.

Reg. Required: 1-888-327-2757

## COYOTE CUBS: FOXY FEBRUARY <sup>®</sup> ♿

Francis Mendoza & Interpretive Staff  
10:30-11:30am, Monday, February 26

Get your preschooler out and into nature! We'll play games, explore the park, and do a craft related to the theme of the day. Parent/Caregiver participation required. 3-5 years old.



Celebrate your child's birthday at Coyote Hills! We offer two themes: **Butterflies & Garden Critters** or **Reptiles**.

Your themed party will include:

- ◆ Classroom Indoor Activity
- ◆ Nature Game and/or Guided Outdoor Exploration
- ◆ Craft to make and take home
- ◆ Party Favor Bags

For kids ages 3-12 years.

Fee: \$75 for up to 10 children, then \$5.00 per additional child up to 15 children maximum. Offered on selected weekends only.

For more info and reservations call (510) 544-3210

## PROGRAMS FOR SCHOOLS

For information on our school programs, please visit us online through [ebparks.org](http://ebparks.org), or e-mail us at [chvisit@ebparks.org](mailto:chvisit@ebparks.org).

Parents/Guardians: Help us spread the word by sharing this information with your child's teacher.

Healthy Parks   
Healthy People

To receive this publication as a monthly e-newsletter, please email us and we'll sign you up!