

October Naturalist Programs

Ardenwood, Black Diamond, Coyote Hills, and Diablo Foothills

Join us at special events in East Bay Regional parks:

Gathering of Ohlone Peoples

Coyote Hills Regional Park

Sunday, **October 1**, 10am-4pm. Ohlones from several tribes will share their culture and history, including music, song, dance, and stories. They'll discuss contemporary culture, and demonstrate basket, jewelry, soaproot brush, and dogbane string making.

Harvest Festival

Ardenwood Regional Park

October 7 and 8, 10am-5pm. Help bring in this year's crop of corn and take home a portion of what you harvest. Take a ride on a narrow gauge train and enjoy magic shows, cider pressing, old-time music and historic crafts. \$10/adult, \$8/senior, \$6/child (4-17).

And enjoy small group activities closer to home:

Autumn Foothills Hike

Diablo Foothills Regional Park

Sunday, **October 22**, 9am-1pm. Lace up your boots and hike six rugged miles through crisp, golden hills and cool, wooded canyons to celebrate the change of seasons. 10+yrs. Meet at Orchard Staging Area.

Creepy Critters

Black Diamond Mines Regional Preserve

Sunday, **October 29**, Noon-4pm. Learn why some of the "creepiest" critters of the park aren't so creepy, and make a fun craft to take home: Snakes (Noon), Bats (1pm), Owls (2pm), Tarantulas (3pm). Meet at end of Somersville Rd.

East Bay 
Regional Park District
www.ebparks.org

For more info contact:
Black Diamond Mines Regional Preserve
5175 Somersville Rd, Antioch, CA
(510) 544-2750 bdvisit@ebparks.org

Healthy Parks 
Healthy People