

Big Break

MAY & JUNE 2017

NATURALIST PROGRAMS

Programs meet at the Visitor Center unless otherwise noted.

Big Break Visitor Center is open Wednesday - Sunday from 10am-4pm, (510) 544-3050.

All programs are DROP IN, unless listed in the REGISTRATION REQUIRED box

DELTA DISCOVERIES

11am-2pm, Every Sat & Sun

Discover the wonders of the Delta through hands on arts and crafts activities! Each week we will explore different wetland wonders.

TESTING THE WATER

9-10am, Every Sat & Sun

Track the health of the Delta! Using state of the art instruments, we'll test for dissolved oxygen, pH, conductivity, and more. Our results go into a regional database for use by researchers, scientists and water managers.



BIG BREAK LITTLES

10-11am, Mon, May 1

10-11am, Mon, Jun 5

Bring the little ones out to the park to explore nature. Smell the flowers in May. Splash around and see who calls water their home in June. Parent/ caregiver participation required. 1-5 yrs.

MAMMALS OF THE MARSH

2-3pm, Sat, May 20

Discover some of the Delta's furry cuties: river otters, beavers, minks, and more. Find out their similarities, differences, and adaptations to the unique habitat they call home.

COFFEE TALK & DELTA NEWS

8:30-9am, Wed, May 3

8:30-9am, Wed, Jun 7

From tunnels to research projects, and farming to fish stocks, the Delta is in the news a lot. Stop by the Big Break Visitor Center on the FIRST Wednesday of each month for coffee and to discuss the science and events shaping the region.

BIG BREAK HISTORY

2-3pm, Sun, May 28

Explore the past's presence while we follow the shoreline's timeline: river to wetland, homeland to farmland, and flood to park.

DAWN CHORUS YOGA

Interpretive Staff/ Brentwood Yoga Center

7-8am, Sat, May 6

7-8am, Sat, Jun 3

Enjoy a sunrise yoga (indoors or outdoors, weather dependent) and the park's awakening. Bring a yoga mat if you have one, and wear warm, comfortable layers to move, breathe and meditate.

LEVEE TOP STROLL

2-3pm, Sat, June 3

Come enjoy a relaxing one mile meander through willows and wetlands



BIG BREAK LITTLES PICNIC

11am-Noon, Mon, Jun 5

Summer is almost here. We're celebrating with a picnic after our regular scheduled program.

Bring your lunch, stuffed animal friend and blanket. Parent/caregiver participation required. 1-5 yrs.

SCAT TRACK FEVER

2-3pm, Sun, June 11

What animals roam our wetlands? Catch "scat track fever" and find out through the clues they leave behind.

MOTHER'S DAY FLOWERS

2-3pm, Sun, May 14

Let's learn and grow with some flower facts for Mom's special day.



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SECOND SUNDAYS CAMPFIRE

6:30-8pm, Sun, Jun 11



Gather the family for an evening in the park. Bring a picnic dinner to enjoy before the festivities begin! We'll explore the wonders of Big Break through activities and a family campfire (and S'mores of course!)

ARACHNID ADVENTURES

2-3pm, Sat, June 17

Our eight-legged residents are prowling the park for food! Drop by to learn about spiders and join us in fun arachnid activities!

GARDEN IN A BOTTLE

10-11am, Sun, Jun 25

Explore the wondrous ways plants help us. Then build your own mini garden to take home using recyclables and wildflower seeds.

PLANKTONIC PLUNGE

2-3pm, Sun, June 25

Collect and identify some of the smallest creatures of the Delta: plankton. Examine their habits and learn the vital role they play in our ecosystem.

REGISTRATION REQUIRED PROGRAMS

To register for a program please call 888-327-2757 option 2, or visit www.ebparks.org

THURSDAY BIRDING: RAPTOR BASELINE

9-11:30am, Thu, May 25 #17272

Round Valley

9-11:30am, Thu, Jun 29 #17273

Big Break Regional Trail: Jordan Lane

The morning (eastern) side of Mount Diablo hosts a magnificent array of birds of prey; hawks, falcons, eagles. Help us document their variety and numbers in this fun, social citizen science research project. No experience necessary – we'll teach you how to identify these birds. We'll meet at a different park on the last Thursday of each month.

Registration required.

SUNSET PHOTOGRAPHY STROLL

7-8:30pm, Thu, Jun 15 #17285

Photograph the flora and fauna of the park while learning about this special habitat and meandering into the sunset. Bring your own camera equipment.

Registration required.

SUMMER SOLSTICE SUNSET WALK

7:30-9pm, Tue, Jun 20 #17286

Celebrate the longest day of the year with an evening exploration of the Delta.

Registration required.

STARGAZING

8-9:30pm, Fri, Jun 23 #17289

Connect the twinkling dots in the night sky. Hear stories and discover how people survived with just the stars to guide them. Bring blankets, dress warm.

Registration required.

KAYAKING BIG BREAK

8:30-11:00am, Sat, May 20 #17245

12-2:30pm, Sat May 20 #17246

8:30-11am, Sat, June 3 #17247

12-2:30pm, Sat June 3 #17248

Come ply the welcoming and wondrous waters of the Delta on this beginner (8 & up) kayak excursion. We'll start off with dry land instruction then paddle our steady and stable craft on a group exploration of this lovely Delta shoreline.

Registration required.



KAYAKING PROGRAMS

Fee: \$30 (non-res \$34)

Registration Required 8+