

WEDNESDAY WALKS

Explore new trails and make new friends as you get in some healthy outdoor activity with our friendly, Naturalist-led walking group. Hikers of all ages and abilities are welcome. Hikes begin promptly at 9:30am, and usually end by noon.

For more information, please contact Naturalist Christina Garcia at 510-544-3282 or CGarcia@ebparks.org, Naturalist Trail Gail at 510-544-3258 or GBroesder@ebparks.org, Naturalist Susan Ramos at 510-544-3187 or SRamos@ebparks.org

June 28 Don Castro/5 Canyons

moderate/strenuous

Circle the lake, then explore 5 Canyons Open Space for 6.3 strenuous miles. Meet at Don Castro. 22400 Woodroe Avenue Hayward, CA 94541 Info: Christina Garcia

July 19 Dry Creek/Pioneer & Garin – May Road

strenuous

Hike along High Ridge Loop trail for 6 miles. Meet at the trailhead at the end of May Rd. in Union City. **Directions:** From I-880 in Hayward, exit at Whipple/Industrial and go east on Whipple. Go across Mission Blvd., continue on May Road and look for the parking lot on the right. Info: Francis Mendoza FMendoza@ebparks.org

Jul 26 Anthony Chabot – Clyde Woolridge

moderate

Meet at Clyde Woolridge Staging Area in Oakland for a moderate, 5-mile trek into Bort meadow. **Directions:** From I-580 in Oakland, take exit 29, Golf Links Road/98th Ave, and go east on Golf Links Road. Continue about 2 miles to Grass Valley Road, veer slight left. The parking lot is at the intersection of Grass Valley Road and Skyline Blvd, Oakland, 94605 Info: Christina Garcia.

Aug 2 Redwood – Canyon Meadow

moderate/strenuous

Hike up and along almost the entire the East Ridge Trail, pass great views, grassland, bays and oaks, then drop down into the shady redwoods on this 6.2 mile strenuous to moderate hike. **Directions:** In Oakland on Highway 13, take the Redwood Road exit and go east (uphill). At the top of the hill, cross Skyline Boulevard and continue on Redwood Road to Redwood Gate. Make a left and follow the road all the way to the last parking lot. 7867 Redwood Road Oakland 94619. Info: Susan Ramos

Aug 30 Pleasanton Ridge - Foothill

Explore the fruit and olive growing history of this area on a somewhat strenuous, 5-mile climb up from Foothill Staging Area. **Directions:** From I-680 in Pleasanton, take the Sunol Blvd exit and go west. Turn right on Castlewood and left at Foothill. Continue to the staging area on the right. Info: Christina Garcia

Sept 6 Redwood - Skyline

moderate/strenuous

Discover the west side of the park as we hike past amazing vistas, fabulous ferns, and through shady redwoods on this almost 5-mile trek. Meet at Skyline Gate. **Directions:** From Highway 13, take the Redwood Road exit and go east (uphill). Turn left onto Skyline Boulevard. Continue on until a stoplight at Joaquin Miller and make a right to stay on Skyline. Skyline Gate is located on the right side of the road, past Roberts, Chabot Science Center and Moon Gate, about 3 miles. Info: Susan Ramos

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Sept 20 Briones, Alhambra Staging Area *strenuous*
 With the sun directly over the equator, and the amount of daylight & dark equal, we'll go in search of the signs of fall. Info: Trail Gail

Sept 27 Garin *strenuous*
 Hike up past Vista Peak onto the lovely Zeile Creek trail on a strenuous 5-mile loop in the northernmost reaches of Garin. Meet at the barn. **Directions:** From I-880 in Hayward, take Industrial Blvd. east. Turn right at Mission Boulevard and then make a left onto Garin Ave. Follow to the park entrance at 1320 Garin Ave, Hayward 94544. Info: Christina Garcia

Oct 4 Redwood - Trudeau *moderate*
 Fall is one of the best times to hike! Embrace the changing season as we pass a serpentine prairie, redwood forest and more on this 4 ½ mile walk. Meet at the Trudeau Center. **Directions:** From Highway 13, take the Redwood Road exit and go east (uphill). At the top of the hill turn left onto Skyline Boulevard. Go .5 mile and you will see the park entrance on the right. 11500 Skyline Blvd Oakland. Info: Susan Ramos

Oct 18 Crockett Hills *strenuous*
 Ranchlands and views - this park has lots to offer. We'll explore this beautiful area, including a segment of the Bay Area Ridge Trail. **Directions:** From I-80 east, take the Pomona Street exit. Turn left on Pomona. After 0.6 miles, turn right onto Crockett Blvd. and in 0.2 mile right into the staging area. From Highway 4 west, take the Vallejo/Crockett exit onto Cummings Skyway. Proceed 2.1 miles. Turn right on Crockett Boulevard, drive 1.7 miles, then turn left into the staging area. Info: Trail Gail

Oct 25 Sibley & Huckleberry *moderate*
 Treat yourself to a 5-mile strenuous trek from Sibley's volcanic slopes to the botanical oasis of Huckleberry Preserve. Meet at Sibley. **Directions:** From Highway 24 just east of the Caldecott Tunnel, exit at Fish Ranch Road. Continue to the right on Fish Ranch Road to the top of the hill. At the top, turn left onto Grizzly Peak Boulevard, continue 2.4 miles. At the T-intersection, turn left onto Skyline Blvd, and then immediately turn left into the park. 6800 Skyline Blvd, Oakland 94611 Info: Christina Garcia

Hike Rating: *Easy* = flat, *Moderate* = a few rolling hills, *Strenuous* = some quite steep or prolonged uphill sections of trail, *Challenging* = substantial elevation gain

Rain: We hike in most weather conditions, except for heavy rain. Hikes will only be canceled at the trailhead the day of the hike, as weather is difficult to predict in the Bay Area's microclimates. Hikes may be re-routed due to trail conditions.

Bring: Wear footwear with good traction. Bring water, sunscreen, hat, sunglasses, & layered clothing.

Dogs: Friendly dogs are welcome on most hikes, except as noted, but must be leashed at all times and waste must be bagged and carried out.

Hikers Responsibilities: Sign in and out. Let a leader know if you are turning back. Wait at trail junctions if you're unsure of the route.

Accommodations will made for visitors with disabilities upon request. Please call the naturalist at least 48 hours prior to the hike if you are unsure of your fitness level or require assistance.