

# Lafayette-Moraga Regional Trail

In the early 1970s, two Lafayette women who became known as the “Bike Ladies,” Avon Wilson and Lynn Hiden, began advocating for safe off-street trail access for children to local schools.

Their vision, along with the help of former Lafayette Mayor Donn Black, brought together their city, Moraga, and the East Bay Regional Park District to form a nine-member Trails Advisory Committee to explore possible trail routes. All eyes turned toward the abandoned Sacramento-Northern Railroad line.

On July 4, 1976, the Lafayette-Moraga Regional Trail was dedicated at this location. One of the first Rails-to-Trails projects in the country, this trail also spurred the Park District’s growing 250-mile system of paved, multi-use Regional Trails passing through communities for all to safely enjoy.



This 1940 photo of an Oakland-bound Sacramento-Northern trail car was taken near the site of the current Glenside Bridge crossing on the Lafayette-Moraga Regional Trail.

Photo courtesy of Garth Groff.



(L to R) Trail advocates Don Good, Lynn Hiden, Avon Wilson, and retired EBRPD Chief of Operations Jerry Kent who were instrumental in founding the Lafayette-Moraga Regional Trail during the 1970s.

Photo: Andree Dugan, Lafayette Social-taken in June of 2021 near the original dedication site.



Marker installed at the original Lafayette-Moraga Regional Trail dedication in 1976. Only the two worn posts remain.