

# Welcome to Tilden

**Year opened:** 1936. **Acres:** 2,079  
**Highlights:** hiking, bicycling, equestrian, picnicking, group camping; public golf course, lake swimming, historic merry-go-round, steam trains, botanic garden, Little Farm, Brazil Building.  
**Did you know?** Boxing champion Joe Lewis played on Tilden's golf course in the Annual Regional Golf Championship in 1945.

**Fees.** No fee for parking or dogs. Swim fee: \$3.50/\$2.50 seniors & under age 15. Merry-go-round: \$3. Steam train: \$3. Golf: see [www.tilden-parkgc.com](http://www.tilden-parkgc.com). Daily fishing access: \$5/day.

**LAKE ANZA** Enjoy beach sunbathing, swimming, picnicking, and food service (swim complex entrance fee). For swim season and lifeguard hours see [www.eb-parks.org](http://www.eb-parks.org), or call 1-888-327-2757, option 3, ext. 4562.

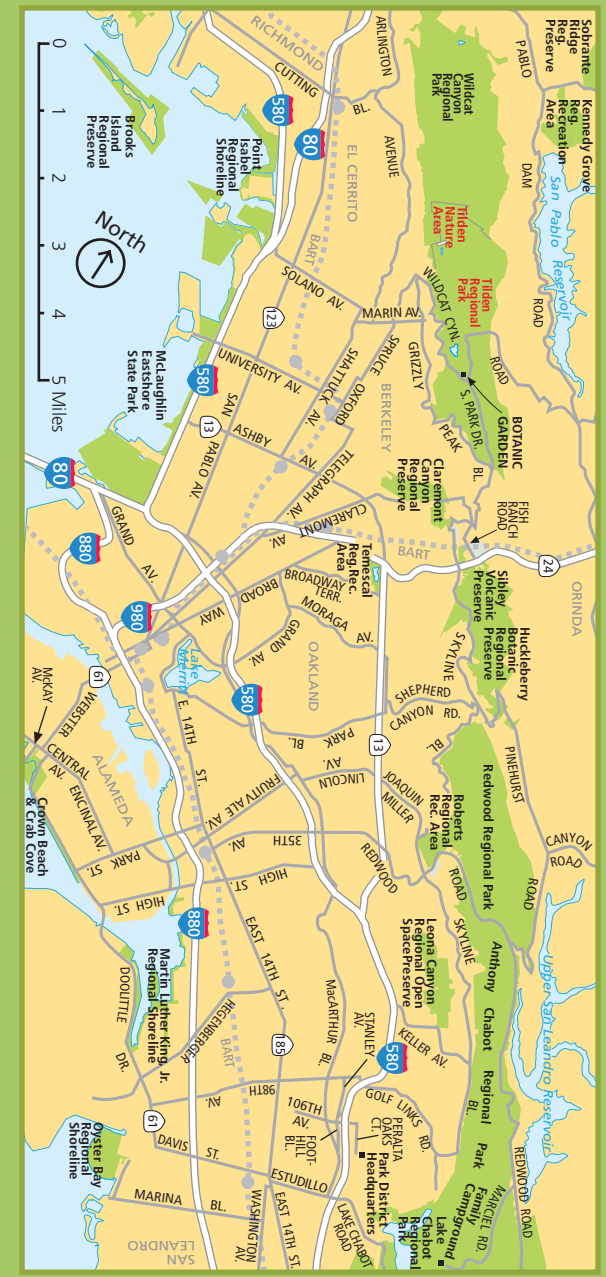
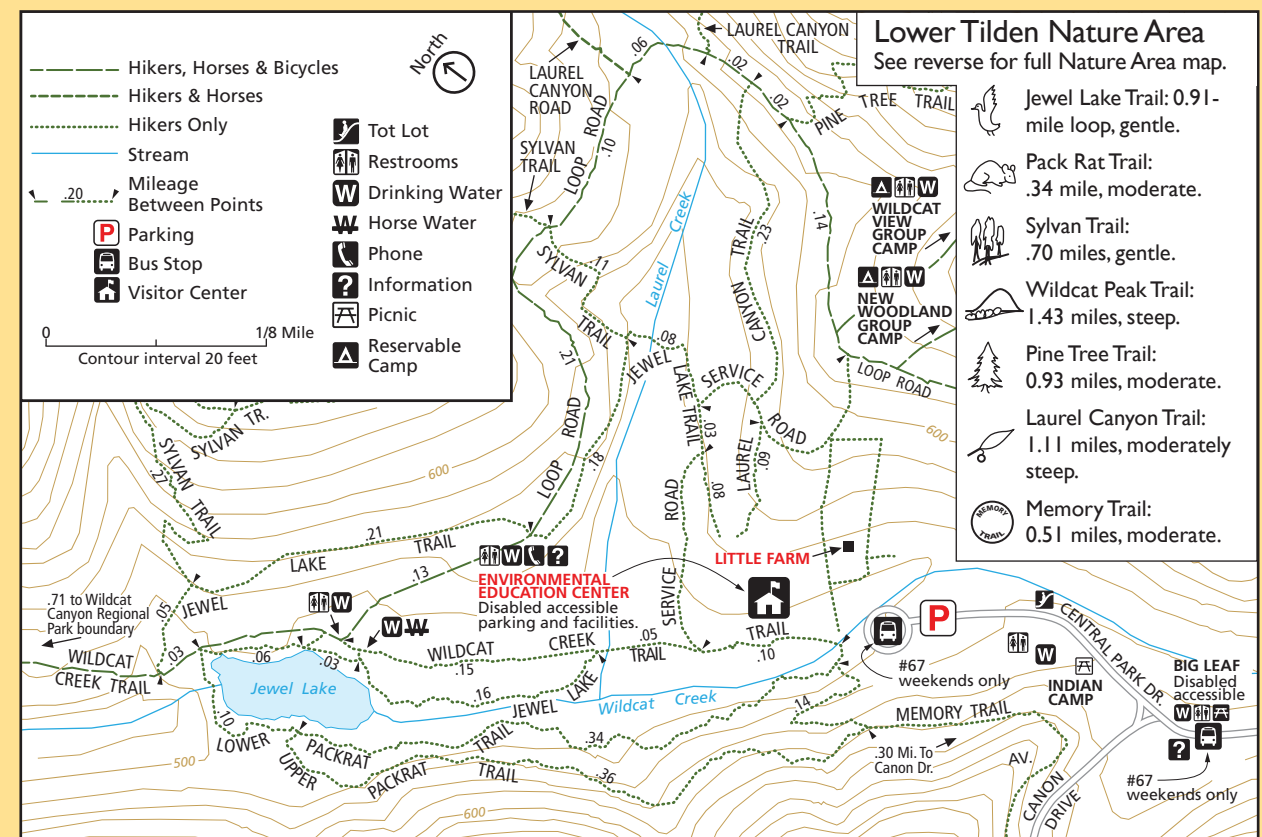
**GOLF COURSE** Enjoy an 18-hole championship golf course, a driving range and practice green, the pro shop, and food service. Reservations: (510) 848-7373.

**TILDEN NATURE AREA** This 740-acre preserve with 10+ miles of hiking trails contains a blend of native and introduced plant communities, including oak/bay woodlands, grasslands, and eucalyptus forests. A 750-foot boardwalk leads to Jewel Lake, a historic reservoir and a peaceful place to watch wildlife. At the Environmental Education Center (EEC) you can explore Wildcat Creek watershed exhibits, learn about park activities, and purchase nature-related books and materials including a self-guided trail booklet. The EEC is open Tues-Sun, 10 a.m.-4:30 p.m. The nearby Little Farm (8:30 a.m.-4 p.m. daily) is home to farm animals, including cows, sheep, goats, rabbits, chickens, and pigs. Several heritage breeds are preserved, including Milking Shorthorn Cattle. Visitors are welcome to bring lettuce or celery to feed the animals. Park naturalists offer interpretive programs about the area's natural and cultural history for schools, organized groups, and the public. To make school or group program reservations, call the EEC at (510) 544-2233 or 1-888-327-2757, option 3, ext. 4564, or see [www.ebparks.org](http://www.ebparks.org).

**NATURE AREA TRAILS** Tilden Nature Area's trails, designated by symbols on trailside directional posts, vary in length and difficulty and traverse a variety of habitats. A self-guided trail booklet is available for the Jewel Lake Trail from the EEC, open Tues-Sun, 10 a.m. to 4:30 p.m. The Short-Loop Trail offers a rela-

tively non-strenuous walk compared to Tilden's more demanding trails.  
**BOTANIC GARDEN** The Regional Parks Botanic Garden specializes in the propagation of California native trees, shrubs, and flowers. Plants are segregated into 12 geographic ranges, from desert to Pacific rain forest. Garden hours are 8:30 a.m. to 5:30 p.m. daily June-Sept., 8:30 a.m. to 5 p.m. daily Oct.-May. Phone 1-888-327-2757, option 3, ext. 4507.  
**BRAZIL BUILDING** This historic facility is popular for weddings, social events, and meetings. Catering may be arranged. The hall, patio, and commercial kitchen may be viewed on the first and third Tuesday of each month, from 1-8 p.m. Phone (510) 544-3164.  
**MERRY-GO-ROUND** The Merry-Go-Round, built in 1911 by Herschell-Spillman and relocated to Tilden Regional Park in 1948, features beautifully restored wooden menagerie carousel animals. For information, operating hours, and ticket prices, call (510) 559-1004.

**TRAIN RIDES** Since 1952, the Redwood Valley Railway has been offering scenic rides aboard miniature steam trains through the redwoods of Tilden Regional Park. For information, operating hours, and ticket prices, call (510) 548-6100. The Golden Gate Live Steamers (free) is open Sundays, noon-3 p.m. See [www.goldengate.org](http://www.goldengate.org).  
**OTHER PARK FEATURES** Tilden Regional Park offers hiking and equestrian trails, picnic areas (some reservable), and the Rotary Peace Grove. The park's Nimitz Way, accessible from Inspiration Point, is a paved, multi-use, ridgetop trail. It is a segment of the Bay Area Ridge Trail and the East Bay Skyline National Trail.  
**PICNIC AND CAMPING RESERVATIONS** For reservations or information see [www.ebparks.org](http://www.ebparks.org) or call 1-888-327-2757, option 2.  
**MEMBERSHIPS** The Regional Parks Foundation offers memberships to park users. Information: (510) 544-2220 or see [www.regionalparksfoundation.org](http://www.regionalparksfoundation.org).



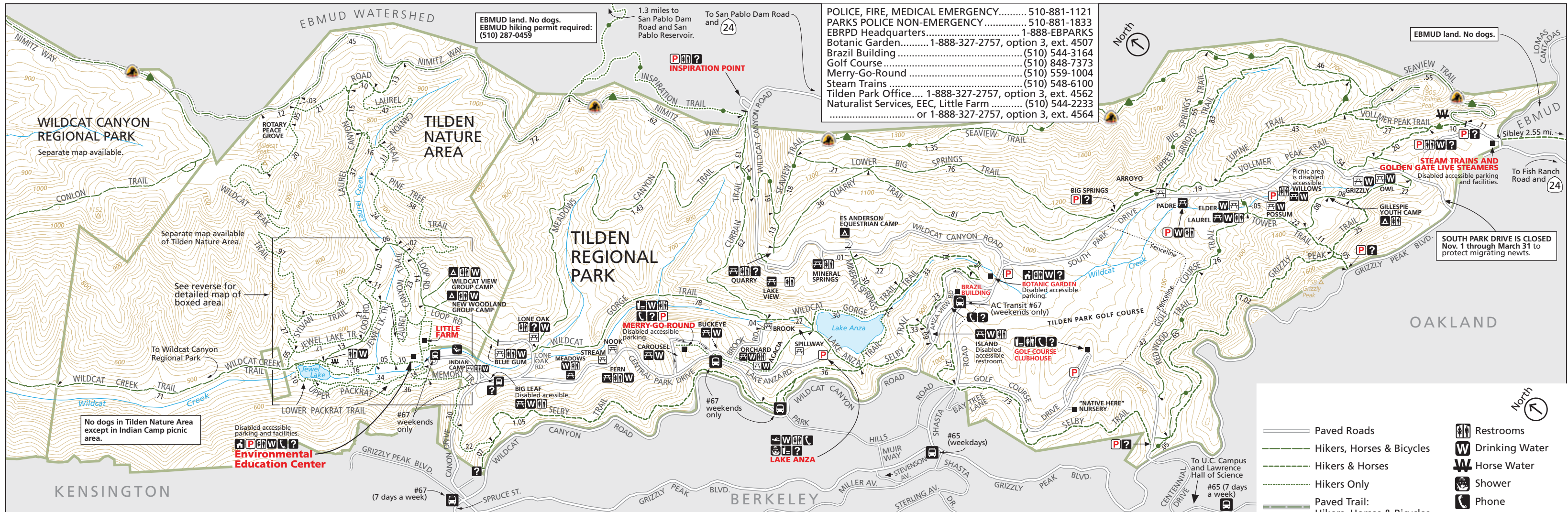
**East Bay Regional Park District**  
 2950 Peralta Oaks Court,  
 Oakland, CA 94605-0381  
 1-888-327-2757 (1-888-EBPARKS) (TRS 711)  
[www.ebparks.org](http://www.ebparks.org) Rev. 5/19

# Tilden Regional Park

Berkeley, Oakland, Orinda

**East Bay Regional Park District**





**EMUD land. No dogs. EBMUD hiking permit required: (510) 287-0459**

1.3 miles to San Pablo Dam Road and San Pablo Reservoir.

To San Pablo Dam Road and (24)

**POLICE, FIRE, MEDICAL EMERGENCY..... 510-881-1121**  
**PARKS POLICE NON-EMERGENCY..... 510-881-1833**  
 EBRPD Headquarters..... 1-888-EBPARKS  
 Botanic Garden..... 1-888-327-2757, option 3, ext. 4507  
 Brazil Building..... (510) 544-3164  
 Golf Course..... (510) 848-7373  
 Merry-Go-Round..... (510) 559-1004  
 Steam Trains..... (510) 548-6100  
 Tilden Park Office.... 1-888-327-2757, option 3, ext. 4562  
 Naturalist Services, EEC, Little Farm..... (510) 544-2233  
 ..... or 1-888-327-2757, option 3, ext. 4564

**SOUTH PARK DRIVE IS CLOSED**  
 Nov. 1 through March 31 to protect migrating newts.



Tilden's Herschell-Spillman Merry-Go-Round is an antique carousel with calliope-style music and hand-carved and beautifully painted wooden carousel animals.

**WELCOME!**

Please enjoy your Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

**SAFETY and ETIQUETTE**

- Stay on trails. Taking shortcuts can be dangerous and causes erosion.
- Wading and/or swimming in undesignated areas may be dangerous and may harm the watershed.
- Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
- Be prepared for sudden changes in weather conditions.
- Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
- Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.

- Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.
- State law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. All bicyclists and equestrians are strongly encouraged to wear helmets at all times.

**RULES**

- Dogs must be leashed 200 feet from any trail or park entrance. Dogs must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times.
- Smoking is prohibited, except in overnight campsites.
- Drones are prohibited.

Visitors are responsible for knowing and complying with park rules. See [www.ebparks.org/rules](http://www.ebparks.org/rules).

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