

Del Valle Regional Park

*Arroyo Rd. Staging Area to East Shore/Heron Bay/
East Shore/Heron Bay/East Shore Trails*

Length: 7.8-mile round trip

Location: Livermore

Intensity: Challenging



Park Features: 5,000 acre Del Valle Regional Park features two swim beaches, a boat launch, family and group camping (by reservation) and excellent, stocked fishing; this is one-stop shopping for weekend warriors. This hike around the northern part of the lake is removed from the busy swim beaches in the southern part of the lake; enjoy the wilderness feel and explore a part of Del Valle you may not have seen before.

Trail Highlights: The contrast in scenery from the ridge of East Shore Trail and the lakeside Heron Bay Trail provides a diverse recreational experience. This hike features several steep climbs and descents and is recommended to those with a good level of fitness.

Trail Directions: Start along the trail from the Arroyo Rd. Staging Area up the large hill and go left to start the East Shore Trail. Continue on East Shore Trail, avoiding four turnoffs for the Heron Bay Trail; take the fifth turn off and go right at the fork to get onto Heron Bay Trail on the lake's edge. Complete the first Heron Bay loop and take a left to connect back with East Shore Trail; go left at the next turnoff for Heron Bay Trail and complete a small loop back to East Shore Trail again; take East Shore a very short distance and turn left again for the last section of Heron Bay Trail. Make a left at this last connection with East Shore Trail and follow it back down the large hill and to the staging area.

Driving Directions: From I-580 east: Follow the exit for CA-84 west/Isabel Ave. and turn right onto CA-84 west; turn left onto East Vineyard Ave., take the first left for Vallecitos Rd. and the first right onto Wetmore Rd.; turn right onto Arroyo Rd. and follow it past the Veteran's Hospital before turning left into the Arroyo Rd. Staging Area.

From I-580 west: Take exit 55 for Vasco Rd. south; turn right onto Tesla Rd. and continue as it becomes South Livermore Ave.; turn left onto Concannon Blvd. and then left onto Arroyo Rd.; follow Arroyo Rd. past the Veteran's Hospital before turning left into the Arroyo Rd. Staging Area.

Park Hours: 6 a.m. to dusk (varies seasonally)

Fees: \$3 parking per vehicle.

Website: www.ebparks.org/parks/del_valle

Veterans Hospital

ARROYO ROAD

No parking on Arroyo Road.

To Downtown Livermore.
To Veterans Park and Sycamore Grove Regional Park (Livermore Area Recreation and Park District).

Camp Arroyo Environmental Education Center and Summer Youth Camp.

P W W

5.14 miles from Arroyo Road to Badger Cove.

Restricted Area
No Fishing Along Shoreline

Valle
De
Lake

Swim at own risk!

EAST SHORE TRAIL

HERON BAY TRAIL

HERON BAY TRAIL

EAST SHORE TRAIL



Photo: Prevailing Conditions



0 1/4 1/2 Mile
Contour interval 40 feet

— Featured Trail--Hiker, Horse, Bike

- - - Hiker, Horse, Bicycle Trail

▽ . . . 28 . . . ▽ Mileage Between Points

P Parking

Equestrian Parking

W Drinking Water

? Information

Horse Water

- Gate

Health Tip: Whether you're going for a power walk, playing an outdoor game, or just enjoying a sunny day, take care when the temperatures rise and use commonsense precautions to prevent heat-related illnesses.